

Mental health project easy read

Are you a young person living in local authority care or are you a care leaver?



And have you used or tried to use a mental health service?

We are doing a project to make mental health services better for **children in care** and **care leavers**.



Children in care are looked after by the council. This can be in a children's home or with foster families. When they grow up live on their own they are called care leavers.



We want young people who have used or tried to use mental health services to help us with the project.

Who we are and what we are doing

The Social Care Institute for Excellence is a charity that does work that helps children and young people living in care have better lives.



We have had some meetings already with professionals and care leavers to talk about how they do this.

We now want to have these meetings with young people to make sure they have their say about the project.



What we are looking for



We are looking for young people who can help us get in touch with other young people. We are setting up a group to help us with this.

We have done lots of work like this before and are used helping people be part of a group.



So do not worry if you have not been in a group like this before. We will give you any help you need to be part of the group and enjoy it.

We can pay you for coming and will for anything like bus and train fares to help you get to the meetings.



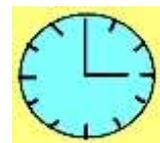
What is going to happen and when?



We are trying to have the first meeting on 15 February 2017. We are doing this in half-term week so that people who are at school or college can come if they want to.

There will be 3 other meetings which we will also fit in with school and college holidays.

The meetings will all be about 3 or 4 hours. There will be food and drinks.





If you cannot come to all these meetings there is another meeting that you could come to just once to talk about what you think about mental health services for young people in care and care leavers.

To find out more

Contact Andrew at SCIE:

andrew.parkinson@scie.org.uk

020 7766 7434

