

# “Your future in Your hands “

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We have commenced a series of talks with the North Yorkshire Older Peoples Forums .There are a number of these group across the county ,who are over seen by an overarching county wide group. These groups give us a potential to talk to around 300 people face to face and contact with hundreds of others through the meetings newsletters and minutes. Our talk is focused around encouraging people to plan for the future, to include looking at securing Lasting Power of Attorney, completing Advance Directives and generally putting affairs in order while we have mental capacity. To ensure that we have people in place who are able to advocate on our behalf confident that they are carrying out our wishes if the need. arise. We also introduce and explain the DoL process including RPR role.

We usually talk for 30 minutes or so taking some questions as we go long and then invite more questions from the audience at the end and talk thorough the issues they have raised. Giving information and sign posting where need be.

## Project results/evaluation

We have been to two groups to date amounting to 101 face to face contacts and around another 500 via newsletters and minutes. With a number of other meetings in our diaries .The talks have been well received .Generating lively debates in general around these sensitive issues, as well as enquires around the best way forward with people showing interest in the online application for LPA . Feedback from the secretary of the group we recently attended *“I'm sure you could tell, by the conversations that were going on after the talk, how much interest you had raised Several people commented on the clarity of the talk.”* We also encourage people to download copies of the OPG601 booklet around Making Decisions .As a management team we scrutinise panel authorisations regularly and its worrying to see how many people have no LPA or EPA in place .If they have LPA its usually for finance and not for health and welfare ,through these series of talks we are hoping to see more people forward planning and talking openly to family and friends around what they would like to happen to them in the future .

## Project area classification

Hospital care		Emergency care	
GP care		Dementia	
Social care		Learning disability	
Voluntary sector		Other mental health	
Financial services		Palliative care	
Police		Advance planning, LPAs	x
Legal		Commissioning	
Community health care		Training	
Nursing and care home		For professionals?	
Acute care		For public and service users?	x
Chronic care			