

What is important to Stephen

Watching Hull City play home matches live at the KC Stadium with Barry and Charlie.

My mother – talking to her each Friday and having lunch together either at her home or in Morrison's café.

Seeing my sister Susan and brother David. When they come I like to offer them tea and biscuits and listen to them telling me how my nieces and nephews are doing and what they have been up to.

I like to get up and dressed every day into some smart trousers and either a t-shirt or jumper.

Meeting up with my friends Tracy, Steve, David and Eric, at the out and about club every Friday and we like going to museums especially the Transport museum and Fire station

I like to go to the Peter Pan Park and take bread to feed the ducks once a week but only when the weather is fine. I enjoy going to supermarket to get the weekly shop.

I like to know what is going on each day, who is around or going out and I like to ask people what they are doing.

I like having a soak in the jacuzzi at Dove House with the coloured lights and music playing.

Stephen's One Page Profile



What people like and admire about him

His smile, that he is always friendly and welcoming when people come to visit, he is loving and kind and always helpful either to others or around the home

How best to support Stephen

Ask me about Hull City and Rory the Tiger, it really cheers me up when talking about football. Barry or Charlie take me to all the home games and before I go I like to have a bath and a shave and to be ready in my Hull City shirt and scarf.

Remind me that it is Friday and ring my mother's home number so that we can talk to each other. Arrange with my mum for me to go and visit her and agree where we are to have lunch. We usually go out to lunch every fourth Friday but I need reminding as I always like to go out and buy her a bunch of flowers before I meet up with her.

Even when I appear to look unwell or tired don't leave me alone in my room – I get fed up and anxious when I am left alone. I will rest on the sofa in the lounge with my Tigers' blanket and with John or Alan sitting near me.

Know that I don't like having my PEG feeds as it means I have to go to my room and they take a long time. Show me on my Hull City clock when my feed will be finished and keep reassuring me so that I know how long I have to sit and be quiet for.

If I am to have any treatments or examinations, I like to get them over and done with so that I can get back to 'normal' I don't like being different or feeling poorly. It is best if people who know me really well come with me for any appointments as this gives me reassurance as I become anxious if asked a lot of questions especially if I don't understand or you don't understand me. Talk to me clearly and keep it simple, if I don't understand do not dwell on it as I become embarrassed and get upset.

I like to keep doing things for myself, if I can use the stairs I will instead of the lift. I will walk rather than be pushed in a wheelchair. I prefer to go out and about in a taxi, but if I am tired I will go out in the minibus and sit near the window so that I can still get a good view of everything. I don't like it when I cough a lot, this usually happens when I have a lot of saliva at the back of my throat that I cannot swallow. It helps if you ask me to spit out any saliva into a tissue.

I feel miserable when my lips are dry, peeling and are sore. I need you to regularly put Vaseline onto my lips.