



COUNCIL
OF EUROPE

CONSEIL
DE L'EUROPE



Royal College
of Nursing



Department
of Health



BMA
Supporting the thrust of
the 10 characteristics



National Patient Safety Agency

COUNCIL OF EUROPE RESOLUTION FOOD AND NUTRITIONAL CARE IN HOSPITALS

10 Key Characteristics of good nutritional care in hospitals

- ➔ All patients are screened on admission to identify the patients who are malnourished or at risk of becoming malnourished. All patients are re-screened weekly.
- ➔ All patients have a care plan which identifies their nutritional care needs and how they are to be met.
- ➔ The hospital includes specific guidance on food services and nutritional care in its Clinical Governance arrangements.
- ➔ Patients are involved in the planning and monitoring arrangements for food service provision.
- ➔ The ward implements Protected Mealtimes to provide an environment conducive to patients enjoying and being able to eat their food.
- ➔ All staff have the appropriate skills and competencies needed to ensure that patient's nutritional needs are met. All staff receive regular training on nutritional care and management.
- ➔ Hospital facilities are designed to be flexible and patient centred with the aim of providing and delivering an excellent experience of food service and nutritional care 24 hours a day, every day.
- ➔ The hospital has a policy for food service and nutritional care which is patient centred and performance managed in line with home country governance frameworks.
- ➔ Food service and nutritional care is delivered to the patient safely.
- ➔ The hospital supports a multi-disciplinary approach to nutritional care and values the contribution of all staff groups working in partnership with patients and users.

COUNCIL OF EUROPE RESOLUTION 12/11/2003 FOOD AND NUTRITIONAL CARE IN HOSPITALS

Recommendations - Government of the member states should:

- ➔ Implement national recommendations in food and nutritional care in hospitals
- ➔ Promote implementation both in public and private sectors
- ➔ Ensure widest possible dissemination of recommendations

The Five Broad Areas of the Resolution:

- 1 Nutritional assessment and treatment in hospitals
- 2 Nutritional care providers
- 3 Food services practices
- 4 Hospital food
- 5 Health economics

There are over 100 recommendations within the resolution and they have been summarised by the Council of Europe Alliance into the 10 Key Characteristics.

Non-Government

The Stakeholders within the Alliance are:

- British Dietetic Association
- Hospital Caterers Association
- Royal College of Nursing
- Royal College of Physicians
- Royal College of Speech & Language Therapy
- National Association of Care Catering
- British Medical Association
- British Association for Parenteral and Enteral Nutrition
- Intercollegiate Group on Nutrition Education
- Nutrition Society

Government

The Stakeholders within the Alliance are:

- National Patient Safety Agency
- Department of Health
- Scottish Executive - QIS
- Welsh Assembly Government
- Department of Health and Public Service - Northern Ireland



National Patient Safety Agency