



NEWSBITE

Issue 16
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Nutrition
Awareness
Week

Essence of Care Aware

Welcome to a special edition of Newsbite dedicated to Nutrition Awareness Week.

As part of the "Essence of Care" initiative, benchmarking on many aspects of food and nutrition has taken place Trust-wide, and action plans implemented to improve practice in key areas. These are highlighted in this issue, and during week beg. 21st August 2006, an awareness campaign will promote all the projects and activities taking place around the Trust to demonstrate best practice in the provision of food and nutrition to our patients.

For more information on any of the topics included here, please contact the person named, or call the Department of Nutrition & Dietetics on ☎ 6072.

MUST care about care plans

Compliance with MUST policy not only involves the initial scoring/assessment - using the correct Nutrition Care Plan (as indicated by the MUST score) is the next essential stage. This ensures that the patient receives appropriate monitoring and nutritional support, and helps to simplify documentation and improve communication, particularly if the patient is transferred to another ward. It also means that patients are referred appropriately to the Dietitian, helping to provide a more efficient and responsive service across the Trust.

New packs of updated MUST Nutrition Care Plans are currently being distributed to all wards - check with your ANT. These can be photocopied as needed., or go to the Essence of Care section of SUHTranet to download all MUST resources. Each ward should also have a laminated copy of the Dietetic Referral Guidelines (see below). Please ask your Dietitian or ANT if more copies are needed.

MUST Southampton 023

HOW TO REFER AN INPATIENT TO THE DIETITIAN

Please only call the dedicated referral number (Extension 3456) with the following information:

- Name/Number of Ward
- Patient's name
- MUST SCORE (Referral will not be accepted without this score)
- Dob/Hospital number
- Diagnosis
- Reason for referral
- Due date for discharge if known

Thank you

The Trust policy - "Malnutrition - For the Screening of Adults (MUST)" - can now be accessed via Policies and Procedures on the SUHTranet.

Forthcoming Essence of Care Events:

- ♦ **Continence Awareness Week**
11th—17th September.
This is the next Essence of Care topic - watch for further details
- ♦ **"It Takes Two - working together to prevent pressure ulcers"** - Tissue Viability Awareness campaign in October
- ♦ **ANTs Study Day**
on 17th October, Cedar Room, Paultons Park.
Topic: "Mine/Yours.... Whose responsibility is it?"
- ♦ **Nasogastric Training Day** - 30th October 2006