# A quick guide to Coventry Family Valued







This leaflet describes our approach to working with children and families, our commitments to them, and what this means for you.

It has been written for anyone that works with children in Coventry, including our partners in schools and education, health, the police, the council, local business and the third sector.

#### for Partners

# What is Coventry Family Valued?

**Coventry Family Valued** is our way of working with children and families.

Coventry Family Valued is about **empowering families to find their own solutions** and make changes in their lives. At the heart of Family Valued is a focus on how we work with families to build relationships.

Coventry Family Valued seeks to strengthen our relationships with families and improve outcomes for children.

Where children are at risk, we will continue to take swift and decisive action to protect them.

# Our commitment to Children and Families

- We help families find their own solutions
- We help families stay together where possible
- We explain to children and families why we are working with them
- We use clear language so that everyone understands what we mean.

# Promoting a city-wide change in how we work with families

Coventry Family Valued is about achieving better outcomes for vulnerable children by creating a citywide culture and ethos of relational working.

This commitment will create the conditions for good social work practice and support Children's Services to keep families together, where safe and appropriate.



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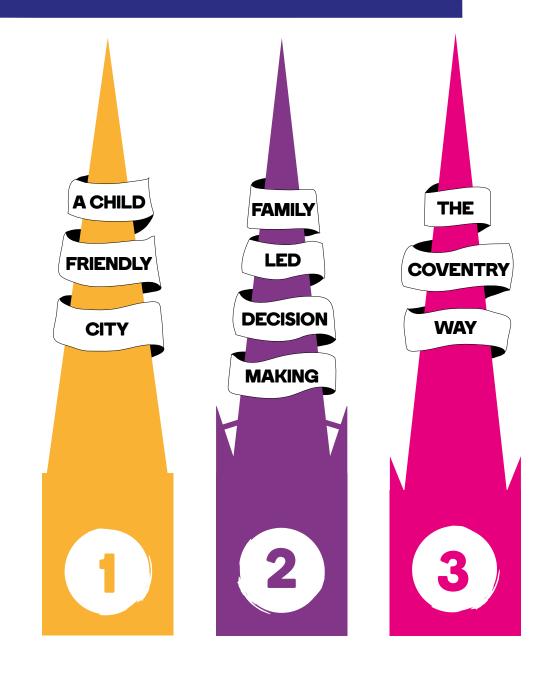
We couldn't have asked for a better person to support us as a family.

**Parent** 



#### The 'three spires' of Coventry Family Valued:

**Making Coventry a** child friendly city Family-led decision making **The Coventry Way** (our practice approach)





The campaign to make Coventry a **child friendly city** is about being a place where children are **valued**, **supported**, **and enjoy themselves**. We want Coventry to be the best place in the UK for children to grow up.

We are working with people and businesses across the city, asking them what can be done to make Coventry a city which is child and family friendly.

We want to have opportunities, be able to settle in our community and become familiar with it

A group of Coventry children





**Family-led decision-making** is about supporting the family to be in control of their own lives. Central to this is a simple idea – that families are the most important influence on outcomes for children, and if we work with them, solutions can be found earlier and more effectively.

#### What this means for us:

- We use Family Network meetings to encourage families to draw on support from their whole network
- We develop Safety Plans with families. (We no longer use Working Agreements.)
- We enable and host Family Group Conferences

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I was really worried about getting my family involved and it was quite helpful in the end to open up and tell them what was going on and have their support... It brought my side of the family closer.

Child





What is family-led decision making?

# Our Family Group Conferencing Service

A Family Group Conference (FGC) is a meeting that brings together all the people in a child's life to develop a plan to protect and support them. The process aims to be **empowering for the family**, putting them at the centre of decisions about the future of their child.

Decision-making in FGCs is led by the family, facilitated by an FGC coordinator (not a social worker). Before the meeting, the FGC coordinator works with the child's family to help them understand the process and issues that will be talked about.

The intended outcome of an FGC is a **plan** for the child that allows them to safely remain with their family. Because of the involvement of the family in developing these plans, they are more likely to be sustainable.

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They listened to me and involved me in all decisions made, and really helped my family when we were going through a tough time.

Child

#### How we use language

#### Language is powerful and is part of everyone's life.

Spoken language can change our mood, how we feel about ourselves, someone else, or a situation.

Over the years, Children's Services has created language of its own. Some of this can be helpful but often it can create distance between us and families, and feel negative, impersonal and hurtful.

Family Valued requires us to be conscious of our language, and ensure it is **positive**, **inclusive** and **helps** us **build relationships with families**. For example, we use children and parents' names to when talking to them or when discussing our support with colleagues.



# What is family-led decision making?

#### **The Coventry Way**

The Coventry Way is our name for how we practice social work – with relational and restorative practice being central to our work with children and families, strengthening our use of the Signs of Safety model.

**Restorative and Relational practice** is about us putting relationships at the centre of how we approach interactions with children and families, as well as colleagues and partners.

Restorative Practice supports us to recognise the importance of working with children, families and each other, through the use of high-challenge and high-support. Relational Practice focuses on the positive qualities of a person or group and recognises that everyone has unique potential, strengths and capabilities. It is about listening to, and valuing people's experiences and voice, and appreciating their lived reality.

**Signs of Safety** is our method for social work practice. It provides a series of tools and methodologies to help social workers support families, focusing on the strengths of families and how we can work with them.





The Coventry Way

### What this means for us:

- Signs of Safety is 'what we do.' Restorative and relational practice is 'how we do it.'
- We use family-friendly tools, such as Words and Pictures, Signs of Safety mapping, and creative way of working with children to hear what they say.
- We reflect on our use of language, its impact on families and the way it influences practice
- We value all colleagues' contribution, using 'check-ins' and listening to each other
- We work with partners and invest in building good relationships.

#### The Four Ways of Being:

High challenge



Doing things TO people High Challenge Low Support Punitive / Authoritarian

#### WITH

Doing things WITH people High Challenge High Support Restorative / Authoritative / Relational

**NOT** 

NOT doing much of anything Low Challenge Low Support Neglectful / Not interpreted **FOR** 

Doing things FOR people Low Challenge High Support Permissive / Rescue / Make excuses

High support

Adapted from: Wachtel, T. & McCold, P. in Strang, H. & Braithwaite, J. (eds), (2001), Restorative Justice and Civil Society, Cambridge University Press, Cambridge



### **The Coventry Way**

### What does this mean for partners?

Family Valued represents a **shift in our approach to working with children and families**, building on existing strengths-based practice. It sends out a clear message about how much we value families.

There will be a focus on working with families, and using family-led plans to find solutions to keep children safe. To achieve this, partners will need to work together and have a shared understanding of the **importance of families** to finding solutions and a commitment to work with them.

You will notice a change in the way Children's Services colleagues behave, speak and act. You will also notice changes in our processes, practices and systems. All this will be designed to embed this new way of thinking, and put **relationships between families** and partners at the core of our work.

Family Valued means that risk will need to be understood and managed differently. Wherever possible, and where safe to do so, risk will be managed through safety plans developed with the family. However, where children are at risk of significant harm, we will continue to take swift and decisive action to protect them. I was completely involved in all decisions with my child, [the team] were great in communicating with me.

Parent

We want you to be excited about this change and join us on the journey!

