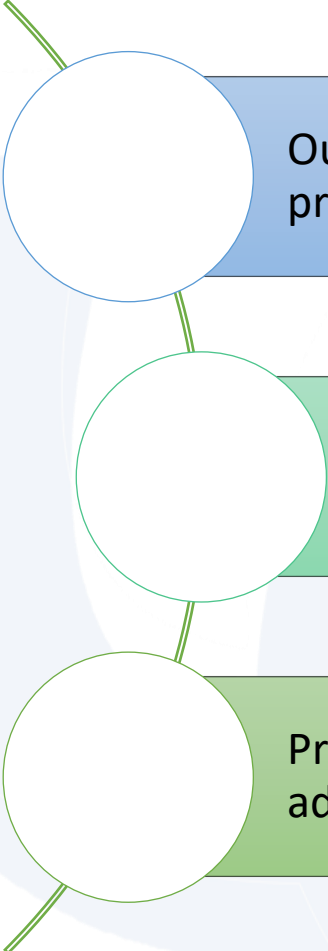# **Common risks/challenges in projects related to:**

Digital tools for self-care

Accelerated Reform Fund (ARF)
Online learning workshop - July 2024

Today's workshop will….

Outline the main key risks and challenges identified across all ARF projects relating Digital Tools for Self-Care.

Promote collective shared learning amongst attendees on how to address / deal with those risks and challenges

Provide information on existing tools, examples, guidance to address the identified risks and challenges

Before we start...

Introductory video to the ARF

[Accelerating Reform Fund programme - SCIE](#)

What do we mean by Digital tools for self-care?

Digital tools for self-care encompass a range of technologies such as mobile apps, online platforms, and wearable devices. These tools are designed to empower individuals, including both carers and those receiving care, to actively manage their health and well-being through self-care practices.

scie social care institute for excellence

Here are some project examples…

Personalised apps for individuals to access support and manage their wellbeing

Scale up the **digital platform Tribe** to stimulate the micro-provider market and support self-directed support planning for unpaid carers

Using **Acticheck wristbands for 24/7** health monitoring, including **fall detection, SOS alerts, and temperature monitoring**

Develop a new **responsive night service** enabled by **digital tools**, focusing on providing individuals with more independence, choice, and control over their care options through the use of technology.

Key risks and challenges identified

1. Digital Literacy and Accessibility Barriers

- Limited digital skills may hinder effective tool use.

- Poorly designed interfaces and lack of accessibility features exclude users with disabilities or limited technological proficiency
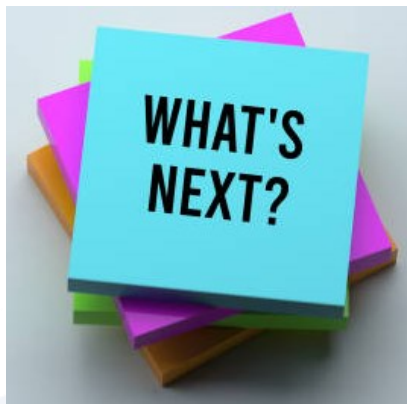
2. Equitable Access and Community Engagement

- Socio-economic disparities limit access to devices and digital tools.

- Resistance to technology adoption or lack of engagement among specific demographic groups.

Key risks and challenges identified

3. Stakeholder Engagement and Collaboration

- Difficulty in aligning interests and maintaining communication among diverse stakeholders.

- Ensuring seamless integration of new digital solutions with existing care structures and workflows.

4. Sustainability and Long-term Funding

- Dependency on short-term funding sources jeopardises the continuity of digital health projects.

- Inadequate resources or technical support can compromise the reliability and security of digital platforms

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SCIE – We will send a survey to understand what has gone well and what we can do better

Ipsos - Ipsos will be conducting surveys and interviews with relevant stakeholders to evaluate the programme's processes and emerging impacts.

The slides, key message and identified tools will be uploaded to SCIE's website

Thank you

For more information please visit

www.scie.org.uk (ARF) or email

innovation@scie.org.uk