



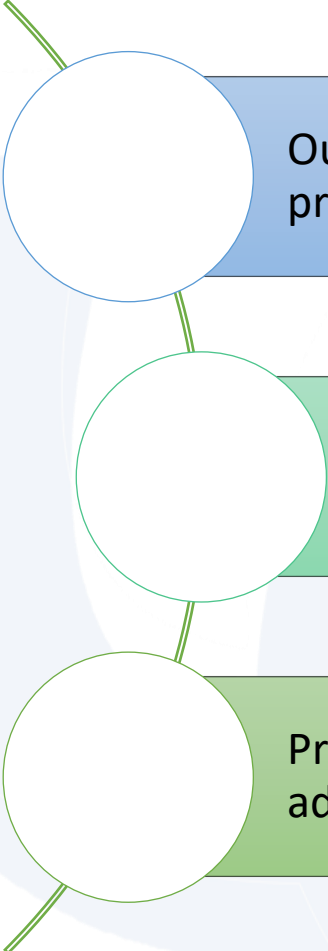
social care  
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# **Common risks/challenges in projects related to:**

## Digital tools for self-care

Accelerated Reform Fund (ARF)  
Online learning workshop - July 2024

# Today's workshop will....



Outline the main key risks and challenges identified across all ARF projects relating Digital Tools for Self-Care.


Promote collective shared learning amongst attendees on how to address / deal with those risks and challenges

Provide information on existing tools, examples, guidance to address the identified risks and challenges

Before we start...

## Introductory video to the ARF

### Accelerating Reform Fund programme - SCIE

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### Accelerating Reform Fund

The Department for Health and Social Care (DHSC) has launched a £42.6 million Accelerating Reform Fund (ARF) to boost the quality and accessibility of adult social care by supporting innovation and scaling, and kickstarting a change in services to support unpaid carers.


Last updated: 24 April 2024

About the fundOur involvementWhat's nextNewsFAQsContact

#### About the fund

The Accelerating Reform Fund (ARF) focuses on embedding and scaling approaches to transform care and support including for unpaid carers, who play such a vital, selfless role in our society. This will accelerate progress towards the government's social care vision where people have choice, control and support to live independent lives, and where care and support is of outstanding quality and is provided in a fair, accessible way.

Local authorities have registered their interest with the DHSC, in partnership with others, in their integrated care systems, to fund local innovation projects. They are expected to work collaboratively with others such as the NHS, care providers, voluntary and community sector groups, including unpaid carers. The ARF is supporting at least two projects per region, one of which will focus on unpaid carers, and consider co-production with both care recipients and unpaid carers, ensuring they are inclusive of local diverse needs.



**What do we mean by Digital  
tools for self-care?**

Digital tools for self-care encompass a range of technologies such as mobile apps, online platforms, and wearable devices. These tools are designed to empower individuals, including both carers and those receiving care, to actively manage their health and well-being through self-care practices.

## Here are some project examples...

Personalised apps for individuals to access support and manage their wellbeing

Scale up the **digital platform Tribe** to stimulate the micro-provider market and support self-directed support planning for unpaid carers

Using **Acticheck wristbands for 24/7** health monitoring, including **fall detection, SOS alerts, and temperature monitoring**

Develop a new **responsive night service** enabled by **digital tools**, focusing on providing individuals with more independence, choice, and control over their care options through the use of technology.

## 1. Digital Literacy and Accessibility Barriers

- Limited digital skills may hinder effective tool use.
- Poorly designed interfaces and lack of accessibility features exclude users with disabilities or limited technological proficiency

## 2. Equitable Access and Community Engagement

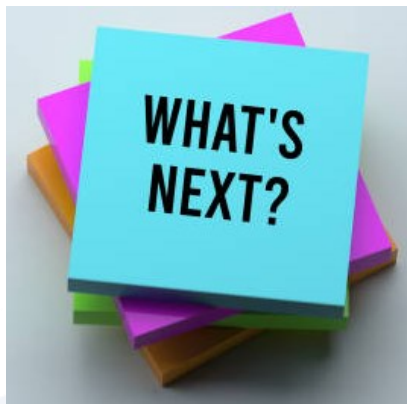
- Socio-economic disparities limit access to devices and digital tools.
- Resistance to technology adoption or lack of engagement among specific demographic groups.

## 3. Stakeholder Engagement and Collaboration

- Difficulty in aligning interests and maintaining communication among diverse stakeholders.
- Ensuring seamless integration of new digital solutions with existing care structures and workflows.

## 4. Sustainability and Long-term Funding

- Dependency on short-term funding sources jeopardises the continuity of digital health projects.
- Inadequate resources or technical support can compromise the reliability and security of digital platforms



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**SCIE** – We will send a survey to understand what has gone well and what we can do better

[arfevaluation@ipsosresearch.com](mailto:arfevaluation@ipsosresearch.com)

**Ipsos** - Ipsos will be conducting surveys and interviews with relevant stakeholders to evaluate the programme's processes and emerging impacts.

**The slides, key message and identified tools will be uploaded to SCIE's website**





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Thank you

For more information please visit

[www.scie.org.uk](http://www.scie.org.uk) (ARF) or email

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