



Activity

Think about the questions below:

- **How do I communicate with an infant under the age of 12 months?**
- **How do I communicate with a person with end-stage dementia?**
- **What are the similarities and differences?**

Your answers to these questions will help you to reflect on what's important in communicating with those who have little language but who need nurturing care. It may help you to develop skills or feel more confident in trying different approaches.