



Activity

It is vital to enable a person with dementia to eat independently for as long as possible – this will help them to retain their dignity and skills. Which of the following statements do you think are true or false and why?

1. **Always step in and take over if a person is struggling to use cutlery to eat.**

TRUE FALSE

2. **Offer 'finger foods' at mealtimes if a person cannot use cutlery to eat.**

TRUE FALSE

3. **If a person is eating slowly, encourage them to hurry up as their meal will become cold.**

TRUE FALSE