Activity

It is vital to enable a person with dementia to eat independently for as long as possible – this will help them to retain their dignity and skills. Which of the following statements do you think are true or false and why?

1. Always step in and take over if a person is struggling to use cutlery to eat.
   - TRUE
   - FALSE

2. Offer ‘finger foods’ at mealtimes if a person cannot use cutlery to eat.
   - TRUE
   - FALSE

3. If a person is eating slowly, encourage them to hurry up as their meal will become cold.
   - TRUE
   - FALSE