

Activity

Read the scenario below and then consider the questions that follow.

Jean and Arthur have been married for 48 years and have two children. Jean was recently diagnosed with Alzheimer's disease. They live together in the family home which they own. Their income is mainly Jean's pension from when she was a teacher and her husband's state pension.

- Identify the different options for advance care planning that Jean could make.
- When could Jean make these plans?
- Who might be the best person to support Jean to think about what advance care plans she might want to make?
- When should you think about your own advance care planning?