

# Making decisions

## *Making decisions in a person's best interests*

social care  
institute for excellence



### Activity

Watch the SCTV film: Emily's Safety, which you can view at [Social Care TV](#).

It shows a best interests decision being made about Emily having tea in the morning.

After watching the film, try to answer the following questions:

- How was Emily involved in the decision?
- What are her views and wishes?
- Who else was consulted for the decision?
- What was learnt from this?

The ending shows hot water being placed in the flask in the lounge. This is more restrictive than letting Emily use the kettle in the kitchen. When making best interests decisions we need to try to avoid putting restrictions on a person. Why is this acceptable here?

Can you think of another way that Emily could be supported to make her own tea safely which could be less restrictive than using the flask in the lounge?

What would be more restrictive than letting Emily make tea from a flask in the lounge?