

Making decisions

Capacity: can the person make the decision?

Activity

Think about a person with dementia you work with now, preferably someone in an early stage of dementia. For each of the decisions below, decide if the person can make the decision themselves or if it would need to be made in their best interests.

	Person can make their own decision (possibly with support)	Not sure	Best interests
Whether to drink tea, coffee or a cold drink?			
What to eat in the morning?			
Whether to have a bath or shower?			
Which of their clothes to wear if going out in cold weather?			
What television programmes to watch?			
Whether to take their medicine which has been prescribed for them?			
How much money they should spend on toiletries (for example, shampoo or razors)?			
Which room to be in where they live (for example, when they go to their bedroom)?			
How much alcohol to drink?			
Whether to go to a religious service?			
Whether to see visitors?			
Whether to have CPR (cardio pulmonary resuscitation)?			
Whether they should write or change a will?			