

## Activities

*An activity for staff in care settings*

If you enjoy having a bath, think about what makes it nice for you.

**How can a bathing experience be made enjoyable in the same way for your resident?**

Walk around the bathroom to identify potential hazards and solutions. You need to deal with these as a matter of urgency.

**What can be done to clearly identify key objects such as the toilet roll, or the soap and towels?**

*An activity for home care staff*

Read this feature on toilets and bathrooms and consider how the issues apply to two or three of the people you work with.

- **If you enjoy having a bath, think about what makes it nice for you. How can a bathing experience be made enjoyable in the same way for the people with dementia you work with?**
- **Think about the bathrooms in the homes of these two or three people, and think about what small changes could help the person use the space more easily.**

Suggesting changes to a person's private home may not be appropriate or necessary. Even so, it may be that you could suggest small practical changes based on this material or, if the person's needs are more substantial, refer the person for specialist input from an occupational therapist.