#### **Integrated Care Webinar series 2020/21**



## The opportunities for systems to improve patient outcomes using digital and data

5 March 2021

NHS England & Improvement System Transformation, in partnership with the Social Care Institute for Excellence (SCIE)

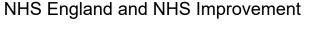






## Your speakers today

- Dr Shera Chok GP, Tower Hamlets, Co-founder and Chair, <u>The Shuri Network</u>, Deputy Chief Medical Officer, NHS Digital and National Clinical Advisor, System Transformation, NHS England and Improvement [CHAIR]
- Dr Karen Kirkham MBBS DRCOG National Clinical Advisor System Development and Population Health Management NHS England and Improvement, ICS Clinical Lead Dorset, Assistant Clinical Chair Dorset CCG
- Dr John Robson, Reader QMUL, Clinical Lead for the Clinical Effectiveness Group; North East London ICS
- Stephen Slough, Chief Information Officer Dorset CCG, Chief Information Officer Dorset HealthCare, Chief Information Officer Dorset County Hospital, Portfolio for Director Digitally Transformed Dorset
- Heather Case Head of DiiS, Dorset CCG
- Dr Simone Yule BSc MB Bch DRCOG Clinical Director The VALE Network, Clinical Lead Dorset PHM, National Clinical Advisor PHM





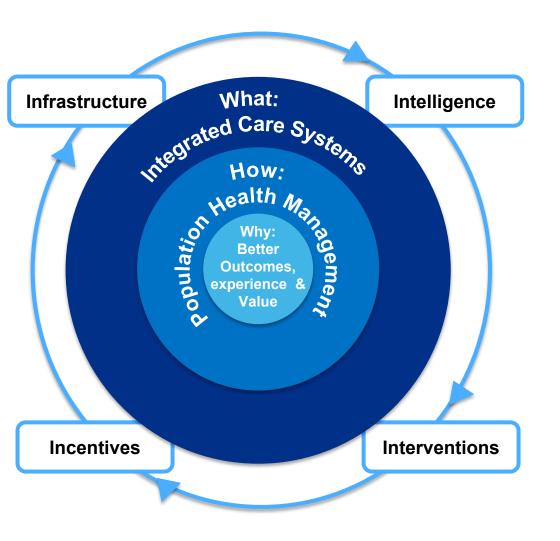
## Population based transformation and improvement Prepared for Integrated care webinar March 2021

Dr Karen Kirkham NHSE/I

NHS England and NHS Improvement



## **Population health management**



Integrated Care Systems have four main objectives:

- improving population health and healthcare
- 2. tackling unequal outcomes and access
- 3. enhancing productivity and value for money and
- 4. helping the NHS to support broader social and economic development.

Transforming services and pathways across care settings will require an improvement approach rooted in population and person centred need and addressing inequity – an approach which traverses organisational boundaries and clinical pathways.

Research indicates that integration efforts are not yielding improvements in patient outcomes that we want to see because the attitudes towards new care models from commissioners are driven by short-termism, despite the evidence that time and flexibility is needed to see improvements. (1, 2)

As part of implementing and transforming Integrated Care Systems we need to ensure there is a clear and evidential connection from the practical changes that are required; provider collaboration, the financial framework, commissioning, governance and accountability – to enabling a more coherent, smarter and integrated approach to meeting the current and future needs of local communities.

Over the last 3 years, ICSs have found that **population health management approaches** - which focus on using data and predicted analytics to join up services and deliver proactive personalised care for complex at risk groups - puts the citizen at the heart of the debate and builds consensus on maximising use of local resources and assets to have the biggest impact on health outcomes.

<sup>1.</sup> https://www.nuffieldtrust.org.uk/resource/evaluating-integrated-care-why-are-evaluations-not-producing-the-results-we-expected and the support of the sup

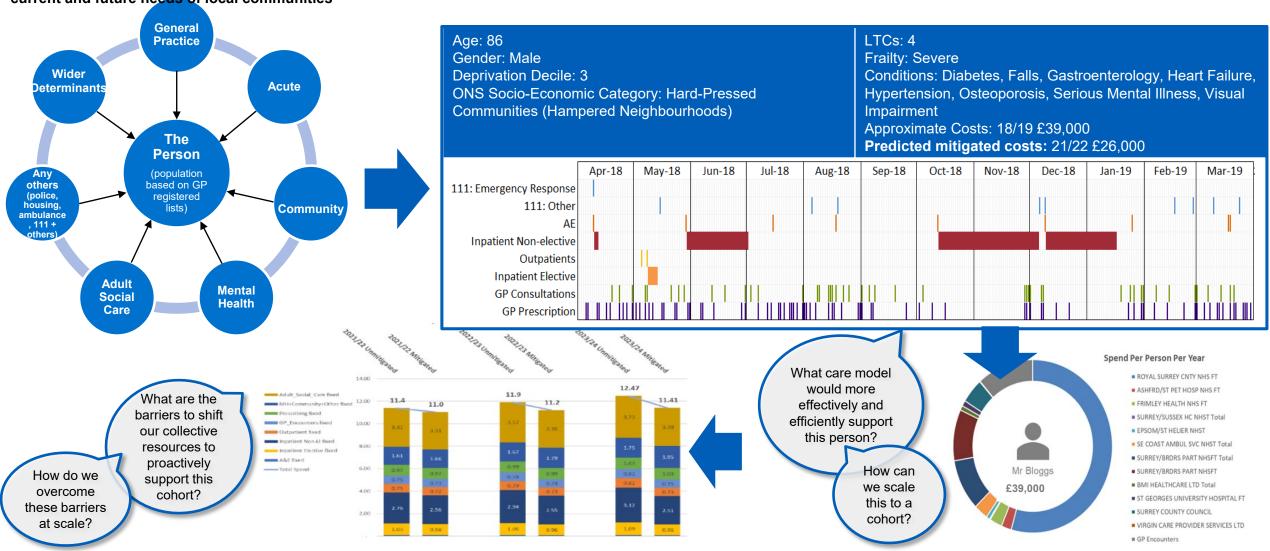
<sup>2.</sup> https://www.health.org.uk/publications/reports/the-long-term-impacts-of-new-care-models-on-hospital-use-midnotts

## Central to this bottom up transformation is joined up data across an ICS

**PHM uses integrated data and analytics** as the foundation for understanding how to transform the health and care system to prevent future risk.

- Risk drivers to ill-health and hospitalisation (the intersectionality of physical, behavioural, psychological, socio-economic risks)
- And Demand and financial risk placed on different parts of the service currently and projections for the future

This enables local transformation – of pathways, workforce models and working practice, payment and contracting mechanisms, governance and form – to be evidentially reflective of the current and future needs of local communities



## We believe this can be driven through a data driven whole system learning approach anchored in current and future population need

**Understanding** 

current and future

health and care

needs and risks

**System** 

**Place** 

Person

Resource model

(workforce,

payment and

incentives)

- Adapting governance at system and place to enable shared learning, spread and sustainability
- Developing a sustainable approach to alliance contracting for population segments
- Review of system support and enabling functions to sustain focus on continuous improvement across population segments

- Developing a clear approach to measuring and tracking outcomes for population segment ensuring this forms part of overall system oversight and governance model and outcomes framework
- Clear plan to learn and adapt from implementation using QI methodology

**Embed service** redesign through

system

commissioning,

governance and

**functions** 

Oversight and evaluation of care model

Developing sustainable blended payment for population segment which outlines fixed, outcomes-based and risk share elements across responsible providers

 Outline integrated workforce model for population segment across responsible providers which includes healthcare professionals, social care, VCSE and carers involved in person centred care

Whole population segmentation and stratification to understand the risks to physical, mental and socioeconomic well-being, drivers of ill-health, hospitalisation, unwarranted outcomes and inequalities Analyse whole population health and care utilisation by

providers and population segments Define short medium long term outcomes aligned to

population segments

Predictive risk and financial modelling for key population groups eighbourhooo

- Projecting these segments forward to understand how cost and risk will change over time for these aroups.
- Estimates can then be made for where the biggest improvements in care and prevention can be made.
- Agreeing priority population cohorts where tactical service redesign will improve short and long term outcomes and mitigate future demand and financial risk

Care model design & delivery at place through PCNs and partners

- Multi-disciplinary design across primary, community, secondary care partners, VCSE, social care and public supported by system analytical and clinical transformation teams
  - Adopting logic model approach to understanding partner inputs (e.g. workforce), activities, outcomes focusing on proactive assessment and ongoing care-coordination
- Citizen and community engagement through holistic care design and preventative care

## **Key planks of work**

#### **Policy**

- Co-design, testing and delivery of
- System integration metrics; 21/22 SOF, refresh through system testing, 22/23 SOF
- National integration index a new patient experience measure of integrated, anticipatory and personalised care – pilot, options appraisal and procurement/mobilisation
- ICS Support Services market strategy

Data, analytics and digital

Primary Care, NHS@Home, Health Inequalities and Personalised Care

Place partnerships and provider development

Commissioning and system/place functions transformation

Financial framework, aligned payments and incentives

Oversight, metrics and outcomes

People and workforce development

Improvement support, clinical priorities, model system

#### Support

- Wave two 12 systems, 14, places, 50 PCNs
- Wave three 24 systems, 24 places, 100 PCNs
- Place partnerships PHM support
- PHM programme evaluation
- Regional capability support to Improvement Hubs
- Health System Support Framework

**Spread** 

- Academy
  - auemy
- CSU and AHSNs

Engagement

partners

## Data should drive decisions across all parts of a system

#### **Decisions**

#### Overview of clinical and socio-demographic risk factors distribution, with comparisons across provider catchments and geographic footprints Projections of key drivers of demand and utilisation, including health inequalities

#### **Planning and strategy** – understanding the burden of inequality and need, how this drives service utilisation and overall wellbeing and how demographic and demand pressures are likely to shape provision and risk between organisations System

Data showing the current utilisation and cost of pathways and care settings by population group and modelling to indicate likely impact of new interventions and care models

Data

- **Commissioning** based on outcomes for population segments and future need and demand profile
- Financial modelling to create service, pathway and population based blended payment models
- Research and evaluation undertaking longitudinal studies to identify preventative interventions and understanding the impact of new care models on experience, outcomes and utilisation.
- De-identified person level historic data (synthetic dataset) to run research trials
- Operational management of patient flow and service activity supporting demand management and capacity planning short, medium and long term (command centre)
- Real-time capacity tracking to model and match staff rostering and appointments to patient transfers in and out of hospital
- Population health and health inequalities understanding drivers of disproportionate and unwarranted health outcomes **Place**
- Population segmentation for different definitions of place or catchment footprint and wider determinant data and information on local inequalities
- and the new and emerging needs of different population groups Tactical commissioning and contracting for service specifications and care models within a provider collaborative supported by place based budget management and the move to
- Service utilisation and costs by provider organisation and population segment

innovative capitated payment models

Modelling of preventative interventions and proactive care models and accompanying payment mechanisms

Planned and unplanned care service data indicators

**Quality management & improvement** 

Service pathway metrics benchmarked against comparable/local organisations and national averages & Service outcomes data linked to population demographics

#### **PCN**

- Clinical and MDT care supported by risk stratification and population health analysis to identify gaps in care and unwarranted variation
- Local population segmentation and stratification by socio-demographics, clinical or healthcare needs and service utilisation/costs
- Benchmarking across network and within place to identify future service changes and development support
- Cross-PCN data on service utilisation, costs and outcomes data QOF data and comparison of metrics across PCN service specifications

Person. Promotion of self care and personal wellbeing

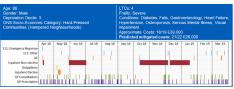
- · Read and write access to the shared care record to record self monitoring information (through devices) and to push self care personalised messaging and coaching
- Financial information to support personal health budgets

Example on-plan spend and elements of the payment mechanism acros

| Clinical Risk Factors | COVID-19 and/or | Long Term | Conditions) |
|-----------------------|-----------------|-----------|-------------|

|                                     |                             | SK Tuctors (COTID-10 to     |                                 | ,                            |
|-------------------------------------|-----------------------------|-----------------------------|---------------------------------|------------------------------|
|                                     | Low Clinical Risk           | Single LTC or COVID<br>Risk | Multiple LTCs or<br>COVID Risks | Very High Risk for<br>COVID  |
| Low Psycho-social<br>Risk           | 184,461<br>51%<br>£216 PPPY | 37,752<br>11%<br>£528 PPPY  | 28,590<br>9%<br>£1,076 PPPY     | 9,311<br>2.5%<br>£3,290 PPPY |
| Mental Health Need                  | 141<br><1%<br>£787 PPPY     | 20,464<br>6%<br>£477 PPPY   | 14,544<br>4%<br>£1,395 PPPY     | 2,718<br><1%<br>£4,462 PPPY  |
| Social Risk Factors                 | 50,066<br>14%<br>£242       | 7,939<br>2%<br>£598 PPPY    | 4,708<br>1%<br>£1,184 PPPY      | 1,715<br><1%<br>£2,976       |
| Both Mental Health<br>+ Social Risk | 61<br><1%<br>£952 PPPY      | 5,242<br>1%<br>£527 PPPY    | 3,667<br>1%<br>£1,418 PPPY      | 651<br><1%<br>£4,441 PPPY    |
| Total<br>(Pop. 372,030)             | 234,729<br>63%<br>£222 PPPY | 71,397<br>19%<br>£521 PPPY  | 51,509<br>14%<br>£1,200 PPPY    | 14,395<br>4%<br>£3,526 PPPY  |

| Reasons for Inclusion in High Risk (Lo | cal) |        |       |
|--|------|--------|-------|
| Age 70+                                | 0    | 9,816  | 8,532 |
| Asthma (Non-Severe)                    | 0    | 10,839 | 3,301 |
| Atrial Fibrillation/Flutter            | 0    | 416    | 2,128 |
| Chronic Renal Issues                   | 0    | 82     | 1,048 |
| COPD (Non-Severe)                      | 0    | 290    | 964   |
| Diabetes                               | 0    | 2,071  | 4,325 |
| Disseminated Tuberculosis              | 0    | 16     | 17    |
| Heart Conditions                       | 0    | 811    | 3,961 |
| Obesity (Coded or BMI 40+)             | 0    | 2,267  | 2,672 |
| Occ/Enviro Pulm Diseases               | 0    | 65     | 141   |
| Recent Pregnancy                       | 0    | 1,238  | 322   |
| Splenectomy                            | 0    | 35     | 33    |



## Where to start – population health management capability

#### Infrastructure

- Organisational and human factors such as dedicated system leadership and decision making on population health and PHM
- Digitised health & care providers and common integrated health and care record
- Linked health and care data architecture and a single version of the truth
- Information Governance- whole system data sharing and processing arrangements that ensure data is shared safely, securely and legally

#### Intelligence

- Whole System Population Health Intelligence Function with multidisciplinary analytical and finance teams equipped with advanced analytical tools and software
- Timely analyses and actionable insight to understand health and wellbeing needs of the population, opportunities to improve care, manage risk and reduce health inequalities
- Agile and responsive ways of working across multidisciplinary groups comprising clinical, improvement, analytical teams working hand in hand with providers

#### **Interventions**

- Care model design and delivery through` proactive and anticipatory care models with a focus on prevention and early intervention and reducing health inequalities
- Community well-being asset based approach, social prescribing and social value projects
- Citizen co-production in designing and implementing new proactive integrated care models

#### **Incentives**

- Incentives alignment value and population health based contracting and blended payment models
- Workforce development and modelling - upskilling teams, realigning and creating new roles
- Enabling governance to empower more agile decision making within integrated teams

Equitable health improvement in east London

A digital journey

 High performing CCGs despite exceptional challenges

 A decade ahead of similar disadvantaged areas



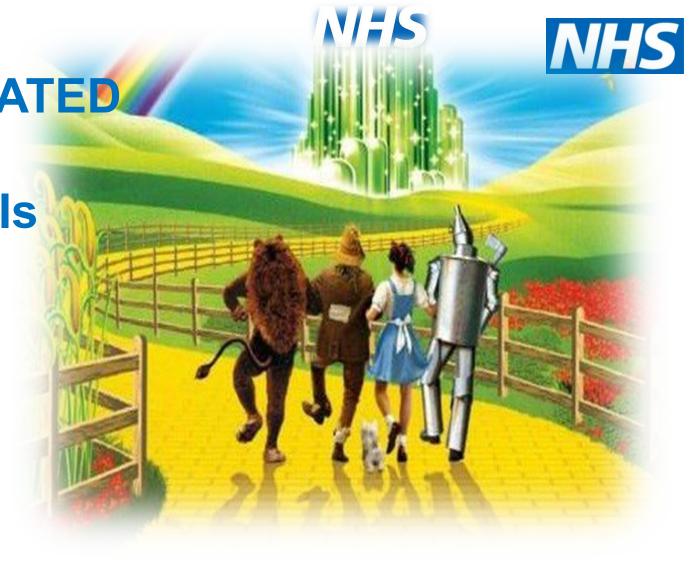


## DIGITALLY INTEGRATED

smart templates

prompts/protocols

- searches
- smart forms
- dashboards
- responsive BI

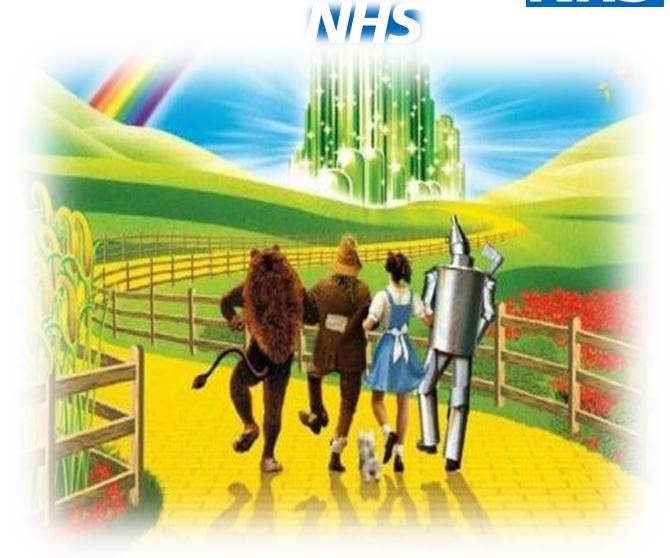






## **PHISIC**

Population Health
Information System
for
Integrated Care



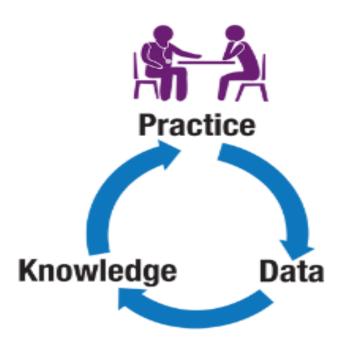


## Learning Health System

is built on.....

- Trust
- Reciprocity
- Clinical focus
- Bl and research

Digital infrastructure essential component

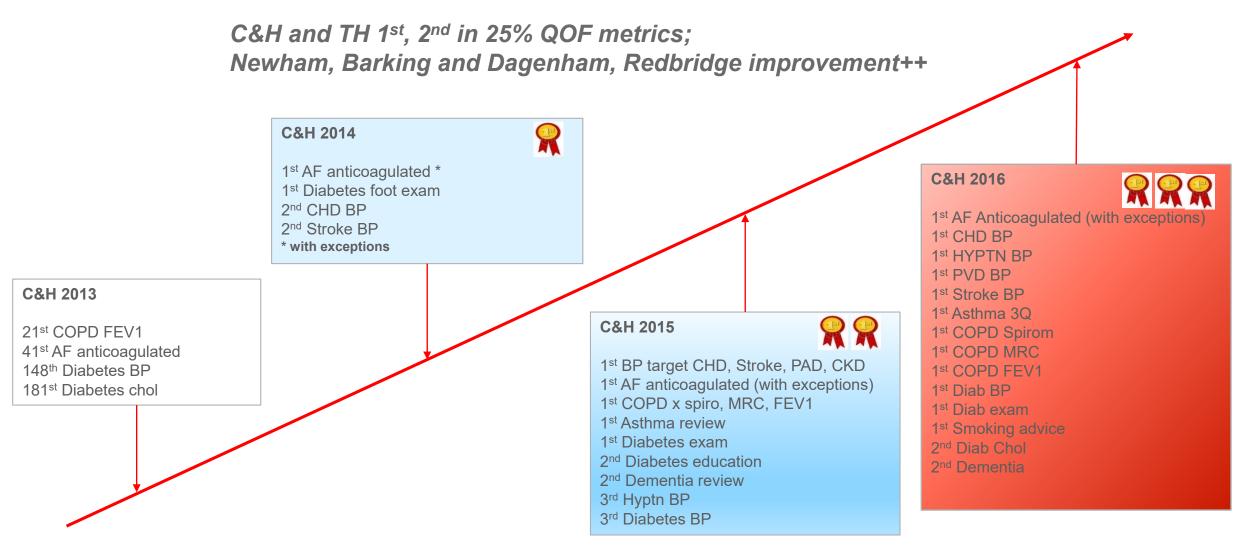




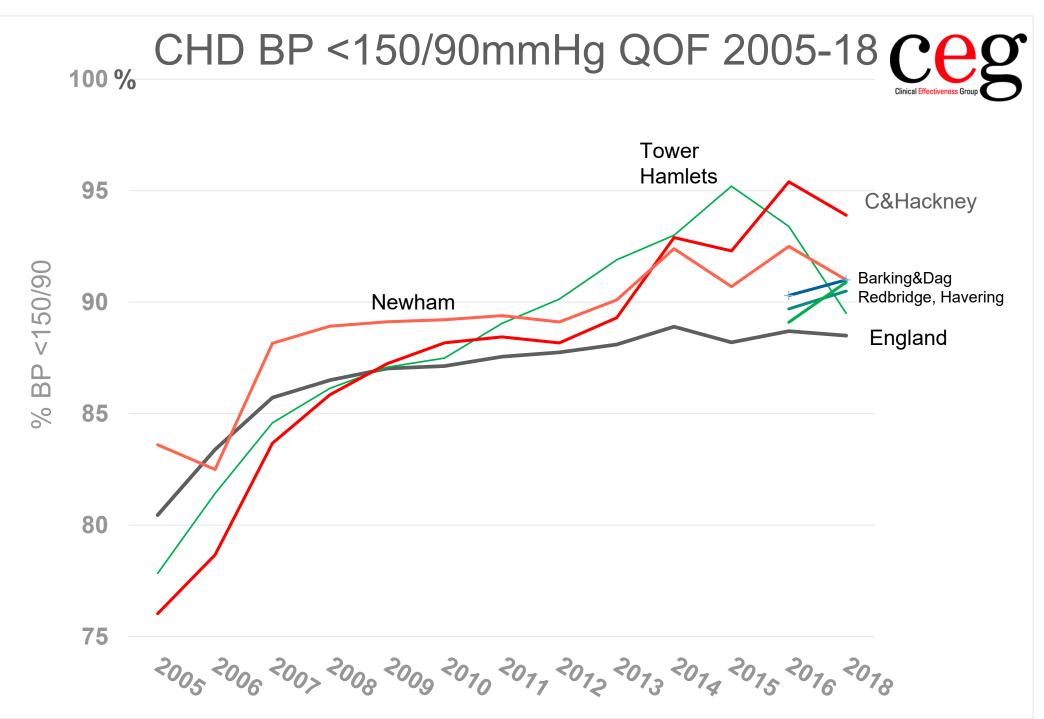


## East London Practices – Exceptional success Ceg





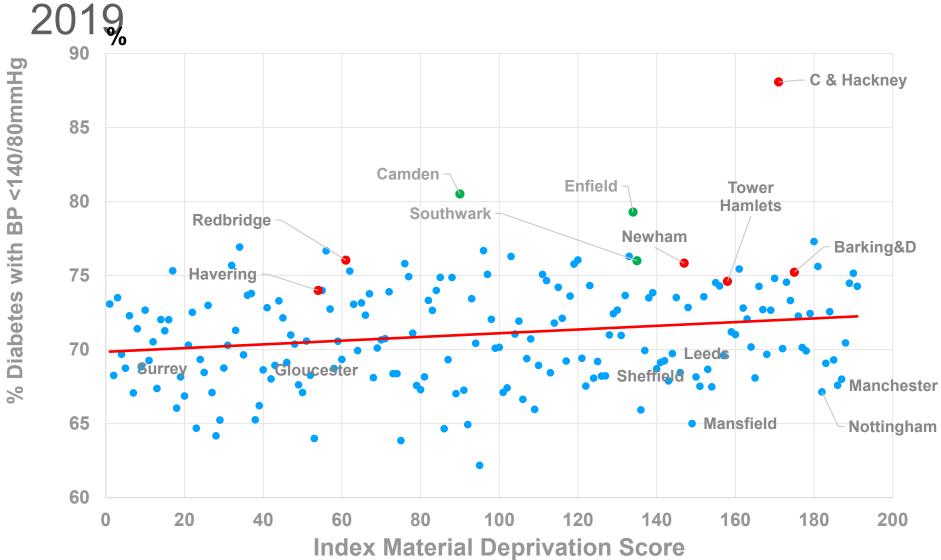




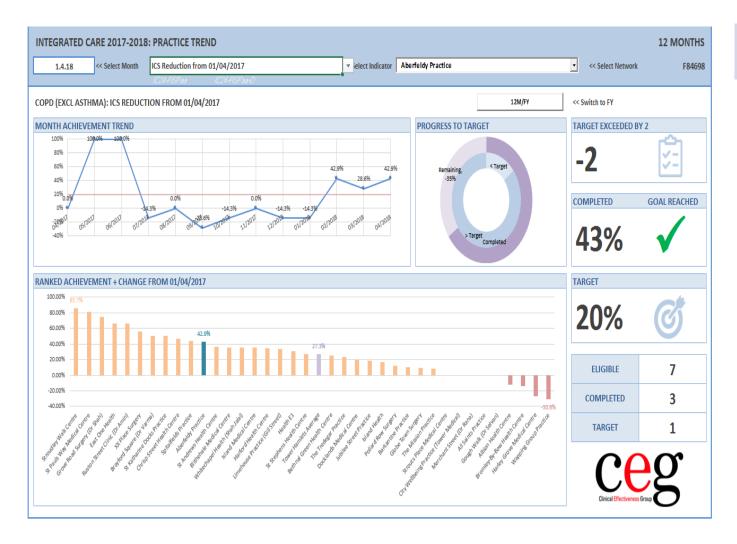


# Diabetes BP< 140/80mmHg Index of Material Deprivation and QOF





## MOTIVATE – Dashboards near real time



## End of Life 2017-2018 20/04/2018 << Select Q4 FINAL

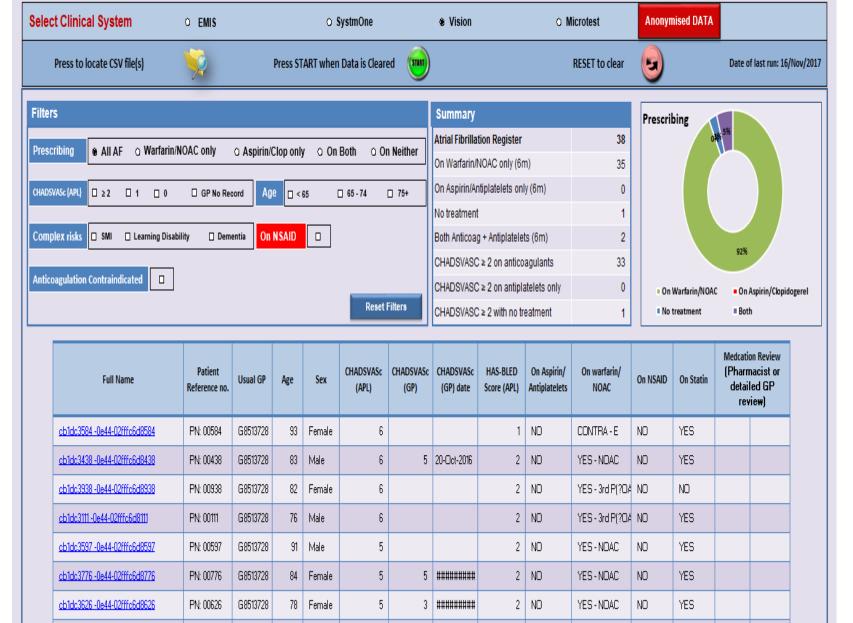
| Select>> | London Fields Medical Centre          | F84021 |
|----------|---------------------------------------|--------|
| EOL01a   | Completed Palliative Care Templates   | 21     |
|          | Minimum Target                        | 21     |
|          | Maximum Target                        | 41     |
| 01-APCR  | Anticipatory Palliative Care Register | 17     |
|          |                                       |        |
|          | Advance Care Plan (ACP) drafted       | 9      |
|          | ACP declined                          | 9      |
|          |                                       |        |
|          | Coordinate My Care (CMC) consented    | 12     |
|          | CMC declined                          | 0      |
|          |                                       |        |
|          | Resuscitation/CPR (DNAR) discussion*  | 12     |
|          | No DNAR discussion                    | 9      |
|          |                                       |        |
|          | Preferred place of death achieved     | 2      |
|          | Preferred place of death not achieved | 19     |





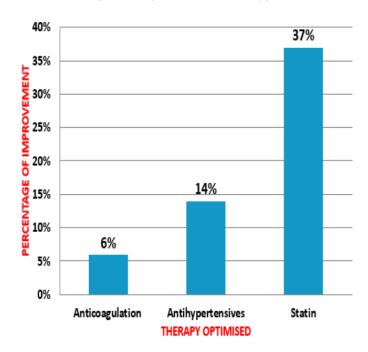
#### APL-AF Atrial Fibrillation Tool





## **Redbridge improvement 2017/18 – 2018/19**

Figure 1: Improvement of Therapy







## Research

## New service models: Virtual renal clinics

## Promotion of rapid testing for HIV in primary care (RHIVA2): a cluster-randomised controlled trial

Werner Leber\*, Heather McMullen\*, Jane Anderson, Nadine Marlin, Andreia C Santos, Stephen Bremner, Kambiz Boomla, Sally Kerry,
Danna Millett, Sifiso Mguni, Sarah Creighton, Jose Figueroa, Richard Ashcroft, Graham Hart, Valerie Delpech, Alison Brown, Graeme Rooney,
Maria Sampson, Adrian Martineau, Fern Terris-Prestholt, Chris Griffiths



- Now implemented in east London CCGs
- 50% reduction in nephrology OPD appts



## **Achieving successful improvement**

# It's a system not a plug-in!











## Capable

Actionable

Motivated

Evidence Stakeholders Consensus Guidance and KPIs Education Learning

IT support
Templates
Prompts
APL & Trigger tools
Patient recall
and review lists

Financial targets
Dashboards
Peer
performance





## Actionable

- Web enabled Integrated systems for IT
- •IT decision support, search and analysis
- Locally engineered and responsive
- •CCG, GP provider, and public health facing
- Academically supported

And also facilitated



## OneLondon - Discovery NHS



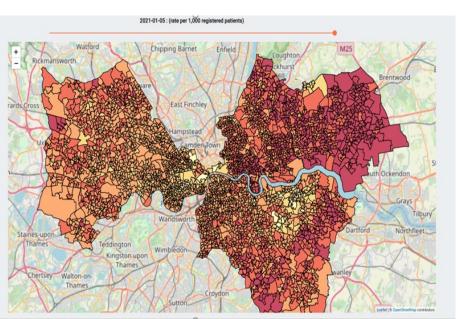
Integrated accessible data for **Direct care** Commissioning and Research



## Timely, responsive and integrated: Covid



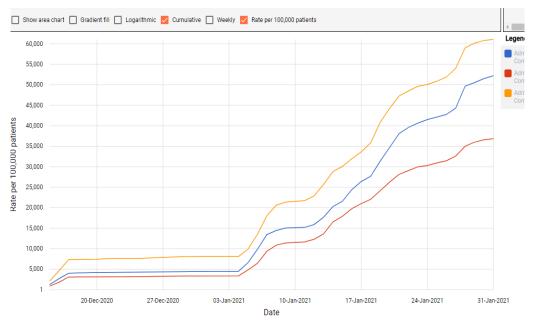
Rate/100,000 confirmed Covid to Jan 2021 LONDON



**COVID Vaccination NEWHAM Feb 2021** 

White — S Asian—

Black



EQUITY 90% Ethnic group self-reported IMD score 100% Learning disabled 99% Care Homes – just added!

Identifiable shielding lists for LA and othe



## DATA NHS ICS DISCOVERY

PHISIC

**Population Health** 

## **Information System**

for Integrated Care

Responsive, Accessible, timely data

Research

**Direct care** 

BI
Commissioning
Public health



## It's a system... (federated)

choose wisely

clinically led

facilitators

dataresponsive

patient apps

quick wins

and engaged

are the spinal cord

integrated, accessible, timely and

integrated with GP records







PHISIC

**Population Health** 

## **Information System**

for Integrated Care

Responsive, Accessible, timely data

Research

**Direct care** 

BI
Commissioning
Public health

## **Dorset ICS**

## Introducing the DiiS

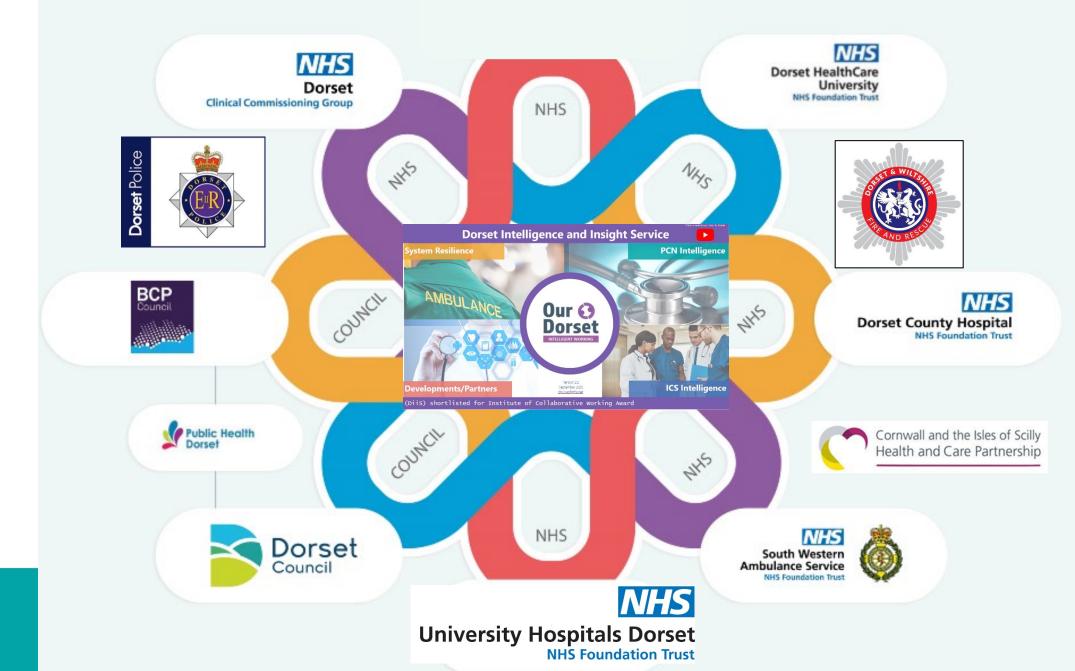
4<sup>th</sup> March 2021



18 Primary
Care
Networks

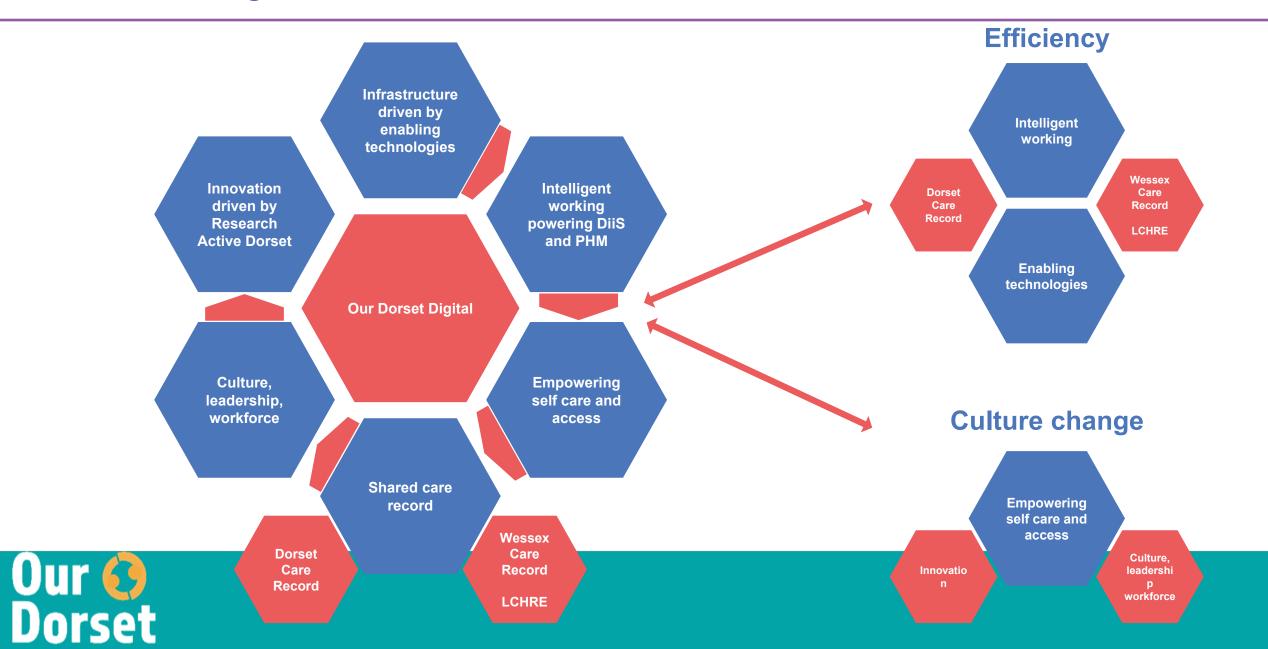
**79** GP Practices

**810,000**Registered Population

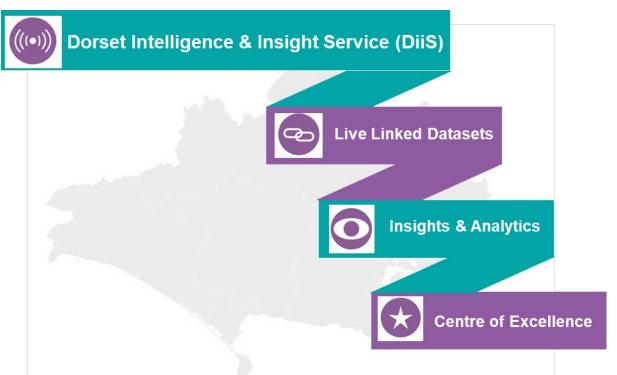




## **Dorset's Digital Portfolio**



## **ICS - Intelligent Working Programme**



#### **Mission Statement:**

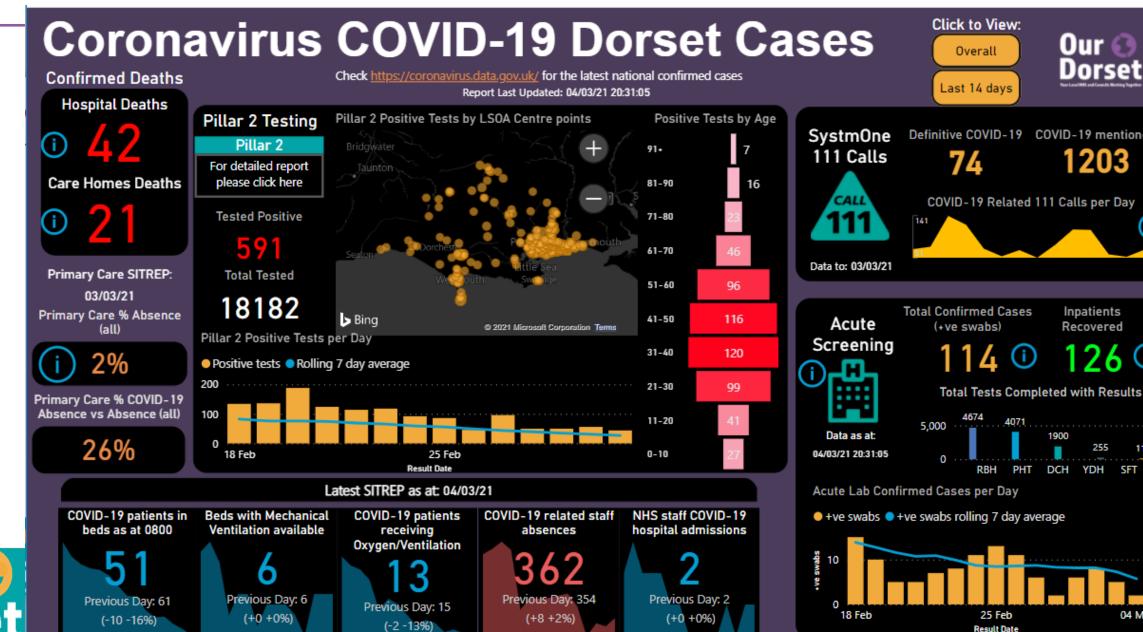
We have an ambition to significantly transform the way information and data is used across the *Integrated Care System* to support the design and planning of health and care services. The Intelligent Working programme will deliver a data warehouse and management information system using data collected from the *shared care record* alongside that from GP practices, social care, community, mental health services and hospitals.

We will link these data sets and combine with demographic, housing and education information giving us county wide picture of our *population health management*.



## **Dorset Intelligence & Insight Service** System Resilience **Population Intelligence** Our () Dorset INTELLIGENT WORKING Version 2.3 **ICS Intelligence Developments/Partners** January 2021 dhc.iwp@nhs.net

## **COVID Reporting**





## **COVID Vaccination Reporting**

## Covid Vaccination Status - Dose 1 Patients that have received Vaccination Dose 1

Data updated to:

02 March 2021



Vaccinated

294,181

Vaccination Volumes (Rolling Total)

80 + Years

**54,609** (96.9%)

(Inc Care homes)

< 80 Years

238,058 (39.6%)

(Inc Care homes)

**Vaccination Declined** 

3,935

Declined

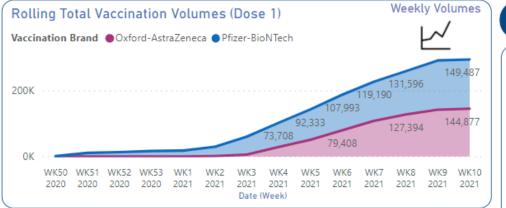
Lives in a Care Home

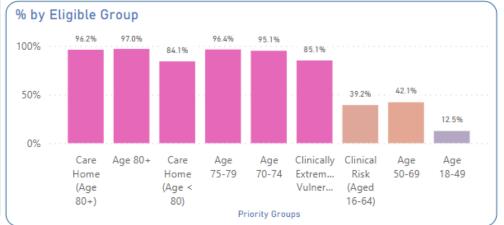
**5,148** (92.3%)

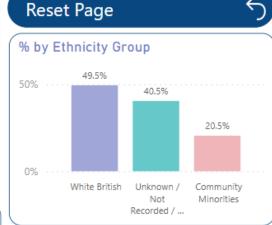
Vaccination Volume

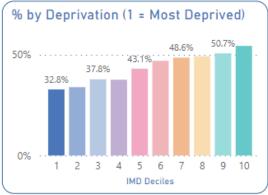
## Filters Declined Vaccination Exclude from Eligible Population Living Status In a Care Housebound

| Eligibility Group                  | Eligible | Vaccinated | %     |
|------------------------------------|----------|------------|-------|
| Care Home (Age 80+)                | 3,779    | 3,634      | 96.2% |
| Age 80+                            | 52,562   | 50,975     | 97.0% |
| Care Home (Age <<br>80)            | 1,800    | 1,514      | 84.1% |
| Age 75-79                          | 38,193   | 36,816     | 96.4% |
| Age 70-74                          | 51,188   | 48,661     | 95.1% |
| Clinically Extremely<br>Vulnerable | 21,507   | 18,297     | 85.1% |
| Age 65-69                          | 43,369   | 37,613     | 86.7% |
| Clinical Risk (Aged<br>16-64)      | 98,847   | 38,730     | 39.2% |
| Age 60-64                          | 33,895   | 12,212     | 36.0% |
| Age 55-59                          | 39,823   | 8,810      | 22.1% |
| Age 50-54                          | 40,353   | 7,616      | 18.9% |
| Total                              | 659,552  | 294,181    | 44.6% |





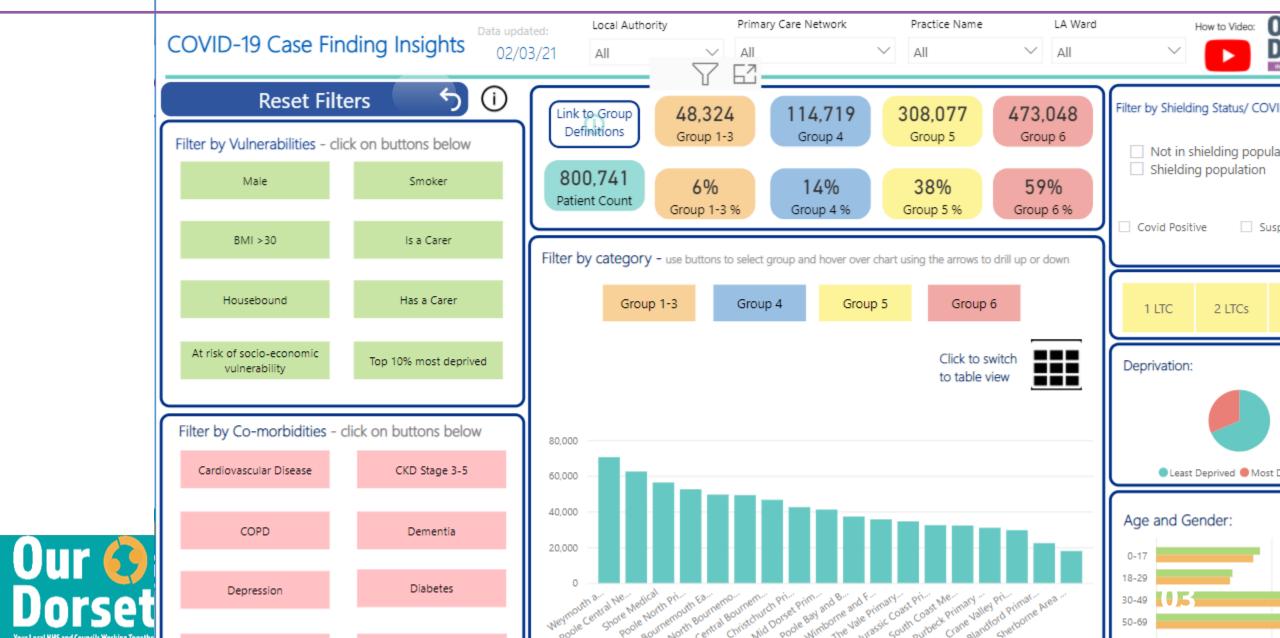






Your Local NUS and Councils Working Togeth

## **COVID** Insights



## **DiiS Inequalities**



Latest Date:

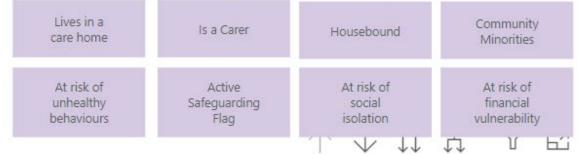
#### 01 March 2021



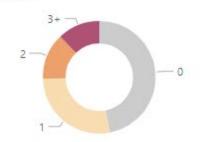
NOTE: Page filters have been applied, check the filters pane or click here to reset all

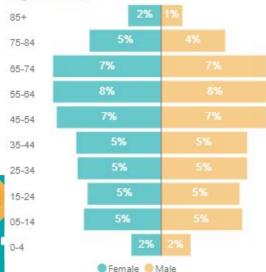


## Use buttons to filter report by vulnerabilities

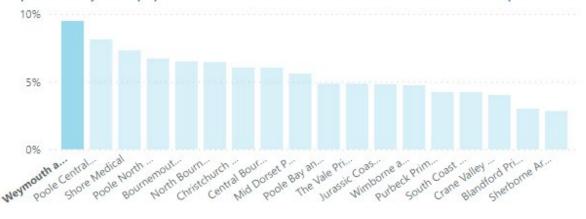


#### Number of long term conditions in population

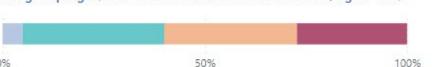




#### Proportions by total population- hover over chart and use arrows to drill up or down



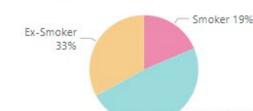




#### Deprivation Deciles (where 1 is mos deprived)



#### Smoking Status



## **DiiS Safeguarding**

### **Safeguarding Insights**

This page focuses on only those with a currently active safeguarding flag

This report is under development

Latest Date:

23 February 2021

Click icon to open filter pane

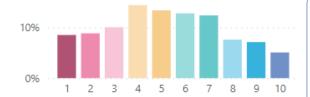
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Reset all filters



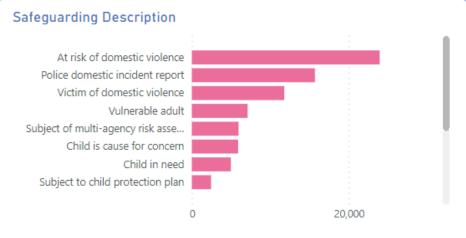


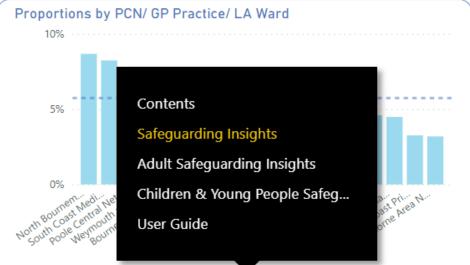
Deprivation Deciles (where 1 is most deprived)



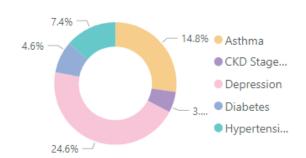
#### Key characteristics

Family neighbourhoods Aged 25 to 40 Further from central amenities
Renting from social landlord Aged 26 45
Families with children when gaines or all the beauty
Families with children when gaines or all the beauty
Lower wage service roles Sourced mobile on Internet
Pockets of social housing
Relatively stable finances
Small beauty wage a struggle

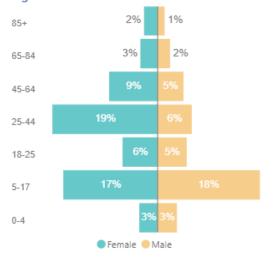




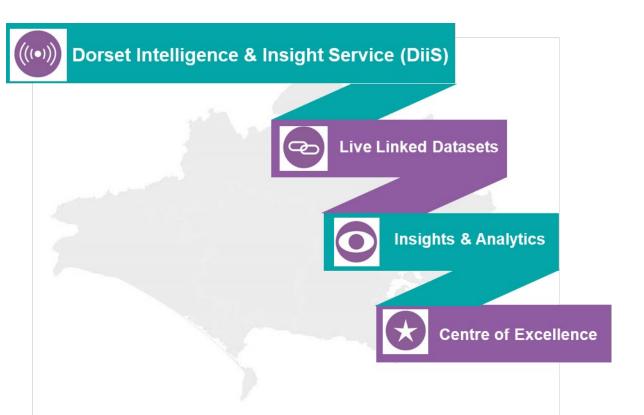
#### Top 5 comorbidities











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## Using Data to Direct our Workforce during Covid

The data from DiiS helped us identify specific patient cohorts segmented by Covid 19 risk factors, mental health and social vulnerability.

We can target different workforces to these groups depending on clinical and social need thus developing a workforce intervention matrix that sits over the segmentation matrix, ensuring a bespoke offer to specific patient cohort need.

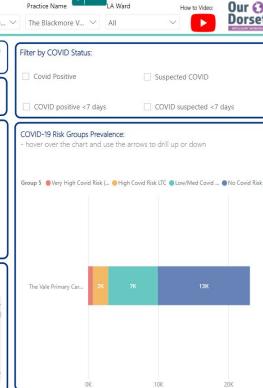
This ensures a more structured approach that can be embedded into the 'front door of primary care', utilising all members of the SP team inc link worker, health coaches, volunteers and voluntary organisations in a proactive and holistic way.

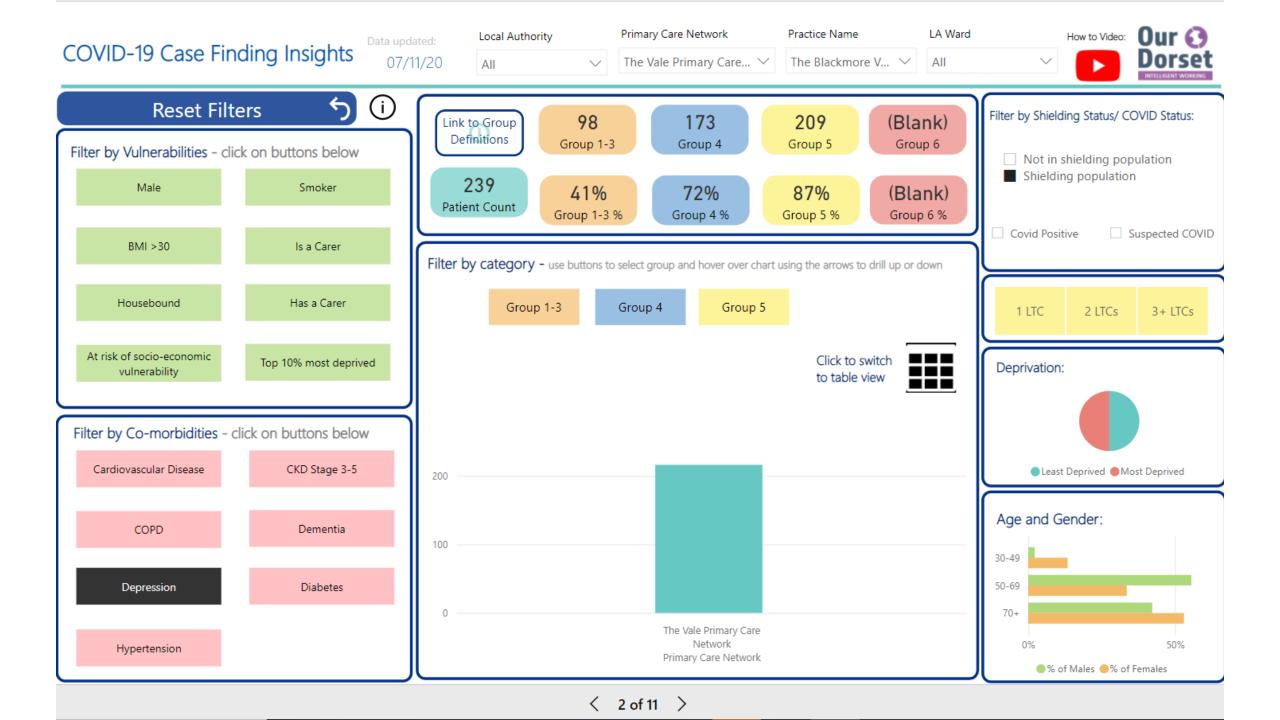




< 7 of 11 >

Primary Care Network Local Authority COVID-19 Risk Groups ∨ The Vale Primary Care... ∨ Link to Risk Group and Menta Link to Socio-Economic Criteria Reset Page Health Criteria Definitions Definitions Filter table by pa ☐ Diabetes ☐ CKD Stage 3-5 In a care residence Risk Group Matrix Risk Group Name Very High Covid Risk High Covid Risk LTC Low/Med Covid Risk LTC No Covid Risk Total Mental Health Risk and Social Vulnerability 19 65 771 228 352 105 457 Social Vulnerability 120 866 Increased Risk of Serious Illness 552 No Mental Health Risk, Social Vulnerability or 6.919 14.247 23,796 789 2,423 7,889 14,835 For Practice Use ONLY - Click on the buttons above to drill down on cohorts and patient detail: MH/SV The Vale Primary Care Network The Blackmore Vale Partnership Low/Med Covid Risk LTC No MH,SV or SI Risk No MH,SV or SI Risk 41 Female The Vale Primary Care Network The Blackmore Vale Partnership No Covid Risk The Vale Primary Care Network The Blackmore Vale Partnership No Covid Risk No MH,SV or SI Risk 67 Female The Vale Primary Care Network The Blackmore Vale Partnership No Covid Risk No MH,SV or SI Risk 89 Female The Vale Primary Care Network The Blackmore Vale Partnership Low/Med Covid Risk LTC No MH.SV or SI Risk 39 Male The Vale Primary Care Network The Blackmore Vale Partnership No Covid Risk No MH.SV or SI Risk Female The Vale Primary Care Network The Blackmore Vale Partnership No Covid Risk No MH,SV or SI Risk 74 Female The Vale Primary Care Network The Blackmore Vale Partnership Very High Covid Risk (Shielded) No MH.SV or SI Risk







## Covid 19 Data insights

| COVID-19 Spatial Focus                              | 28/02/21                | Local Authority Ait  | → The Valle Price               | rary Care > 1  | he Blackmore V ~                        | All                   | How to Video                     | Our ()<br>Dorse      |
|---|-------------------------|----------------------|---------------------------------|--|---|-----------------------|----------------------------------|----------------------|
| Res   | et Filters              | 3                    | 0                               | Link to Group<br>Definitions   | 59<br>Group 1-3                         | 152<br>Group 4        | 153<br>Group S                   | (Blank)<br>Group 6   |
| Filter by COVID Suspected COVID                     | i                       | Covid Positive       |                                 | 158<br>Total Fatients  | 37%<br>Group 1-3 %                      | 96%<br>Group 4 N      | 97%<br>Group 5 %                 | (Blank)<br>Group 5 % |
|   |                         | COVID positive       | e <7 days                       | Prevalence by L  | SOA: enlarge map                        | by hovering and       | using focus mode                 |                      |
| Temale   50 and above   Male   Under 50             | 70 and over Under 70    | Community Misorities |                                 | ı,   |   | A                     | Á                                |                      |
| iter by Vulnerability:                              | ☐ At risk of securi sel | lation E             | I to a Corer                    |  |   | 700                   |                                  |                      |
|   |                         | tencus dinets        | Has a Carer                     | 7.77   |   | 5-151                 | ESSENA.                          |                      |
| ☐ At risk of financial vulnerability                | At increased risk of    |                      |                                 | The same of the sa |   |                       | THE RESERVE OF PERSONS ASSESSED. | (0)                  |
|   | At increased risk of    |                      |                                 | Patient Count by P   | CN/ Practice:                           | 11/22                 | Click to switch                  |                      |
| iter by Clinical Factors:  DIVI >30 Cardiovascular  | C6D Stage 3-5           | <b>■</b> COP0        | 1 LTC<br>  2 LTCs<br>  3 - LTCs |  | CN/ Practice:<br>nert and use the arro- | es to drill up ar day |                                  | Ш                    |
| liter by Clinical factors:                          | 5,600 500               | <b>■</b> COP0        | 31101                           |  |   | es to drill up or dow |                                  | III                  |
| ilter by Clinical Factors:  BWI > 20 Cardiovascular | CED Stage 3-5           | <b>■</b> COPD        | 31101                           |  | ert and use the arro                    | es to drill up or dow |                                  | <b>III</b>           |



## 4x4 Matrix segmentation (COVID-19 risk)

| Risk Group Matrix   |   |                             |                                |                       |        |  |
|---|---|-----------------------------|--------------------------------|-----------------------|--------|--|
| Risk Group Name   | Very High Covid<br>Risk (Shielded) (6A) | High Covid Risk<br>LTC (68) | Low/Med Covid<br>Risk LTC (6C) | No Covid Risk<br>(6D) | Total  |  |
| Mental Health Risk and Social Vulnerability                             | 115                                     | 337                         | 283                            | 202                   | 937    |  |
| Mental Health Risk  | 973                                     | 3089                        | 6537                           | 9836                  | 20435  |  |
| Social Vulnerability  | 966                                     | 3267                        | 3955                           | 1772                  | 9960   |  |
| Increased Risk of Serious Illness                                       | 1429                                    | 4342                        | 16448                          | 3588                  | 25807  |  |
| No Mental Health Risak, Social Vulnerability or<br>Serious Illness Risk | 19959                                   | 51469                       | 196042                         | 440256                | 707726 |  |
| Total   | 23425                                   | 62429                       | 223086                         | 455349                | 764289 |  |

Emerging need from integrated care system partners to manage new or existing non-Covid risk to avoid medium to long term consequence to population & future system demand

The columns across the top represent the national clinical criteria for COVID-19 risks, grouped into;

- Conditions indicating a need for self-isolation, sub segmented into people with one or multiple risks in this category
- Conditions which indicate the need for shielding

Segments down the side represent people with no mental health or social vulnerability concerns; MH or social vulnerability concern; or both.



The intelligence will allow a wider lens approach to the holistic needs of the population allowing the integrated care system to mitigate against future predicted demand on services such as mental health, long term condition management and socio economic impact on health and wellbeing

### **INTERVENTION MATRIX**



#### Cross cohort considerations for further tailoring of care offer

- English not first language
- Digital literacy, access
- Key worker?
- Caring responsibilities, who? How?
- Crowded or poor quality housing
- Access to outdoor space

|          | Covid Care Models<br>matrix   | No specific <u>Coyid</u> risks  | Single high risk (local)  | Mulfiple High Risk (local)   | Very High Risk/Shielding (National)   |
|----------|---|---|---|--|---|
| <b>,</b> | All / no specific<br>vulnerabilifiles   | Whole population messaging on<br>social distancing, health and well-<br>being support and exercise  Maintain social distancing Social Prescribing to Help and<br>Kindness website for pan-Dorset<br>support directory.  | Practice nurse check in by phone     Holistic care planning/care plan     virtual review/LTC patient APP     Sign posting to tele health aptions     national/local for particular     conditions e.g. Help Diabetes     national self management web     platform.  Social prescriber      |  | Personalised messaging on social distancing and health management for specific groups e.g. cancer, maternity, heart failure, diabetes etc     Home visits where remote of possible to address long term  Making use of siephone befriending Unwewell Dorset etc |
| ,        | Mental health   | National websites, apps and helplines (guided by National MH Covid workstream)  Leaflet drop Town council helpline Social Prescribing to Help and Kindness website for pan-Dorset support directory.  | Pro Her Out to where most needed  Health char on virtual groups Social prescribing signposting to Dorset MIND for online group support, and access to The Valle First Contact MH practitioner., Steps to Welbeing.  | Clinician for initial contact proactive case management /MH virtual review Holistic MDT care planning in partnership with patient jand carer where relevant) Health Champion virtual support eg. Mindful Café online for dementia. Social Prescribing – referral to The Vale MH practitioner., Steps to Wellbeing. | assets  for phone cal  town council helpine  Telephone beddending  Local Social The V Steps prese and social care support offer   |
|          | Social vulnerability  | Leaflet drop     Town council heigline     Social prescribing wellness call from Heig & Care or local SP practitioner. Social Prescribing to Heig and Kindness website for pan-Dorset support directory.  | Practice nurse check in Care coordinator assigned Holistic care planning in partnership with patient (and carer where relevant) Practice Nurse for initial contact, then care coordinator with MDT Social prescribing support signposting to Livewell Dorset/Age Concern                    | Clinician for initial contact proactive case management Holistic MDT care planning in partnership with patient jand carer where relevant) LA team to support access and training for remote tech from got scheme. Health champion peer support. For LTC/Self management.   | Proactive support offer phone call     town council helpfine     Telephone befriending     Local authority support     Social Prescribing to self management service offer, signposting to community volunteer support.   |
|          | Social vuinerability +<br>mental health   | Social prescriber assigned to conduct Wellness Call': check in, social and practical prescribing including food bank access, town council helpline citizens advice, and broad RVS support Social Prescribing to Help and Kindness website for pan-Dorset support directory. | Practice nurse check in Health and wellbeing worker assigned Holistic care planning in partnership with patient (and carer where relevant) Practice Nurse for initial contact, then health and wellbeing worker with MDT - Social prescribing support -care co-ordinated personal care plan | Clinician for initial contact, is management     Holistic MDT care planning in patient jand carer where re     LA team to support access or remote tech from govt sche     Health champion virtual sup   | gside all prescribing - personalised care agreed and implemented, offer all per support online or telephone.,   |
|          | increased risk of serious<br>liness with COVID-19<br>Diagnosed/suspected<br>Male/age/obesity/dem<br>entia etc | Raise awareness via social media<br>eta regarding risk factors for illness Social Prescribing to Help and<br>Kindness website for pan-Dorset<br>support directory.  | HCA proactive approach  Monitoring via patient APP and pulse oximetry  Social prescribing offer such as LWD smoking cessation support, weight management support for obesity  | Clinician lead proactive case management and monitoring  Monitoring via patient APP and pulse eximetry using virtual ward approach  Social prescribing offer such as LWD smoking cessation support, weight management support for obesity  | Monitoring via patient APP pulse oximetry virtual ward approach     Daily contact with clinician virtually     Social prescribing offer - LWD smoking cessation support, weight management support for obesity reduction, offer of LWD behaviour change coaches |

## Digital solutions have been around for years but now is a real opportunity to work smarter using PHM data





## **TACKLING HEALTH INEQUALITY OUR AIM** PHM IS OUR **ENABLER**



Click icon to open

filter pane

Data updated to:

NOTE: Page filters have been



< 4 of 8 > Microsoft Power Bl

**UnVaccinated Focus** 



#### **Integrated Care Webinar series 2020/21**





## A recording of the webinar, slides and resources will be shared on the **Integrated Care Learning Network**.

To join the network email <a href="integratedcare-manager@future.nhs.uk">integratedcare-manager@future.nhs.uk</a>.

5 March 2021

