

Appendix: Survey Questions

Population Survey: Public understanding and perceptions of housing options for older adults

This survey is looking at what would be important to you should you need care and support due to long term illness, disability or in old age. Some different types of accommodation options are presented which we would like your views on.

Q1. Do you receive any kind of formal care or support to help you with everyday activities? By this we mean any care or support provided by people who are paid to help you live independently, to stay well and to stay safe

- Yes FOLLOW 'B' WORDING
- No FOLLOW 'A' WORDING
- Prefer not to say FOLLOW 'A' WORDING

TEXT FOR THOSE WHO DO NOT CURRENTLY RECEIVE CARE

You said that you do not currently receive any kind of formal care or support to help you with everyday activities. The following questions ask about different types of care or support that are available. Even though you do not need these we are still interested in your views on these questions.

(Please note – the questions below are shown for those who do not currently draw on any formal care and support. Please contact <u>info@scie.org.uk</u> for the full technical questionnaire.)

Q2. Which of these things would be most important to you if you needed care or support, due to a long-term illness or disability or in old age? This support could include help with everyday activities such as getting dressed, preparing food and using the bathroom. Please select up to five answers

- Remaining independent
- Living near to my family and friends
- Living somewhere where I feel safe
- Having support to stay as well as possible
- Having company where I live and not being lonely
- Being involved in decisions about housing and care that affect me
- Living somewhere easy to maintain
- Being able to pursue my hobbies and interests
- Having my own belongings and home comforts
- Having access to the internet, phone and technology
- Keeping in contact with my friends and social networks
- Being able to undertake work or training
- Having someone on hand to provide care and support when I need it
- Being part of community life
- Choice about whether I own or rent my accommodation
- The cost to me of the care and accommodation
- Being able to stay in my current/own home
- Other (PLEASE SPECIFY)
- Don't know

Please now think about circumstances in which you need to have care and support due to old age or a long-term illness or disability. <u>When thinking about these questions, please assume that COVID-19 is no longer a concern</u>. There are five types of housing with care and support and we would like your views on each of them in turn.

FIVE TYPES OF HOUSING SHOWN IN RANDOMISED ORDER

Q3 intro. <u>Care homes</u> are residential settings, usually with communal living and dining areas and individual bedrooms. They provide 24-hour care and include nursing homes and residential homes. All meals are provided and there are staff on call at all times. People living in a care home may be older, have dementia, a disability or a learning disability. Most people living in a care home need support with personal care (such as washing and dressing) and are likely to need a high level of care and support.

Q3. Before today, were you aware of care homes?

- Yes, definitely
- Yes, probably
- No, not heard of it before
- Don't know

Q4. From your point of view, what would be the main advantages of living in a care home? Please select up to five answers

- Feeling safe
- Care and support provided
- All meals provided
- 24-hour support available
- Keeping some independence
- Sense of community
- Comfort
- Activities provided within the home to join in with
- Having company and making friends
- Having regular care staff that I could get to know
- Being treated with respect
- Not feeling like a burden on my family or loved ones
- Not having to maintain my own home
- All inclusive having a single bill each month
- Other (PLEASE SPECIFY)
- None no advantages
- Don't know

Q5. And what would be the main disadvantages of living in a care home? Please select up to five answers.

- Losing independence and having less control over what I do
- The cost
- Losing home comforts
- Not owning my accommodation or having tenant's rights
- · Possibility of experiencing abuse or neglect by staff
- Loneliness or isolation
- Losing contact with friends and family
- Unfamiliar environment
- High staff turnover
- Poor quality
- Having to sell my current home
- Everyone around the same age
- Not having my own private garden or outdoor space
- Having to fit in with a daily timetable
- Other (PLEASE SPECIFY)
- None of these no disadvantages
- Don't know
- •

Q6. Would you consider living in a care home, <u>if in old age</u> you needed support with everyday activities and in order to stay safe and well?

- I would definitely consider
- I might consider
- I would be unlikely to consider
- I definitely would not consider F
- I don't know/ it depends

Q7 intro. <u>Extra Care housing</u> (also known as very sheltered housing, assisted living or 'housing with care') is accommodation purposely designed for older or disabled adults, with a number of self-contained homes such as flats or bungalows on one site. Communal facilities are often available such as a lounge, dining room and hobby rooms. Domestic support and personal care are available, usually provided by on-site staff. Properties can be rented or owned.

Q7. Before today, were you aware of Extra Care housing?

- Yes, definitely
- Yes, probably
- No, not heard of it before
- Don't know

Q8. From your point of view, what would be the main advantages of living in Extra Care housing? Please select up to five answers

- Feeling safe
- Care provided
- Accommodation designed to suit my needs
- Support available if I call for it
- Keeping some independence
- Sense of community
- Not a care home
- Comfort
- Activities to join in with
- Having company and making friends
- Being treated with respect
- Not a burden on my family or loved ones
- Having the option to rent or buy
- Will keep me active
- Other (PLEASE SPECIFY)
- None of these no advantages
- Don't know

Q9. And what would be the main disadvantages of living in Extra Care housing? Please select up to five answers.

- Losing independence and having less control over what I do
- Cost of accommodation and care
- Losing home comforts
- Leasehold or tenancy agreements that are hard to understand
- Possibility of experiencing abuse or neglect by staff
- Loneliness or isolation
- Losing contact with friends and family
- Unfamiliar environment
- Poor quality
- Having to sell my current home
- Everyone around the same age
- Not having my own private garden or outdoor space
- Other (PLEASE SPECIFY)
- None no disadvantages
- Don't know

Q10. Would you consider living in Extra Care housing, if in <u>old age</u> you needed support with everyday activities and in order to stay safe and well?

- I would definitely consider
- I might consider
- I would be unlikely to consider
- I definitely would not consider
- I don't know/ it depends

Q11 intro. <u>Shared Lives</u> housing currently supports adults with learning disabilities, mental health problems or other needs that make it harder for them to live on their own by matching them with an approved carer. The person being supported often lives in the carer's home and shares their family and community life, as well as receiving care and support. In the future, this type of housing might become more widely available for older adults who need support as well.

Q11. Before today, were you aware of Shared Lives housing?

- Yes, definitely
- Yes, probably
- No, not heard of it before
- Don't know

Q12. From your point of view, what would be the main advantages of living in Shared Lives housing? Please select up to five answers

- Feeling safe
- Care provided
- Support is available for help with everyday activities
- Keeping some independence
- Sense of community
- Not a care home
- Comfort
- Having company
- Being part of the carer's family or household
- Being treated with respect
- Not a burden on my family or loved ones
- Not having to maintain my own home
- Will keep me active
- Other (PLEASE SPECIFY)
- None of these no advantages
- Don't know

Q13. And what would be the main disadvantages of living in Shared Lives housing? Please select up to five answers.

- Losing independence and having less control over what I do
- The cost
- Losing home comforts
- Living in someone else's home rather than my own home
- Not getting on with the carer/family I was placed with
- Having fewer tenant rights than if you rented or owned the property
- May not be for the long-term if circumstances change
- Possibility of experiencing abuse or neglect by carers or their family
- Loneliness or isolation
- Losing contact with friends and family
- Unfamiliar or different living with another family
- Having to sell my current home
- Other (PLEASE SPECIFY)
- None of these no disadvantages
- Don't know

Q14.Would you consider living in Shared Lives housing, if <u>in old age</u> you needed support with everyday activities and in order to stay safe and well?

- I would definitely consider
- I might consider
- I would be unlikely to consider
- I definitely would not consider FOLLOWED UP LATER FOR ONE TYPE OF HOUSING FROM b)
- I don't know/ it depends

Q15 intro. In <u>Supported Living</u>, people who need support to live independently usually live in a shared, rented household as part of a small group and receive care and support from staff who come to the house. People living within the household have their own room and share the living, dining and kitchen areas. The care provided is arranged separately to the housing and varies depending on the activities the person needs support with.

Q15. Before today, were you aware of Supported Living for those who need it?

- Yes, definitely
- Yes, probably
- No, not heard of it before
- Don't know

Q16. From your point of view, what would be the main advantages of living in Supported Living housing? Please select up to five answers

- Feeling safe
- Care provided
- Some support available for help with everyday tasks
- Supports my independence
- Sense of community
- Not a care home
- Comfort
- Having company and making friends
- Being treated with respect
- Not a burden on my family or loved ones
- Not having to maintain my own home
- Will keep me active
- Other (PLEASE SPECIFY)
- None of these no advantages
- Don't know

Q17. And what would be the main disadvantages of Supported Living housing? Please select up to five answers.

- Losing independence and having less control over what I do
- The cost of accommodation and care
- Arranging and understanding tenancy agreements
- Possibility of experiencing abuse or neglect by staff
- I wouldn't want to live with people that were not my family
- I might not get on with the other people/person
- Unfamiliar or different living with others
- Losing home comforts
- Poor quality
- Might not be for the longer-term if circumstances change
- Loneliness or isolation
- Losing contact with friends or family
- Having to sell my current home
- Other (PLEASE SPECIFY)
- None of these no disadvantages
- Don't know

Q18.Would you consider living in Supported Living housing, if <u>in old age</u> you needed support with everyday activities and in order to stay safe and well?

- I would definitely consider
- I might consider
- I would be unlikely to consider
- I definitely would not consider
- I don't know/ it depends

Q19 intro. A <u>retirement village</u> can be a development of bungalows, flats or houses, which are purpose built for older adults. Individual homes can be owned or rented, and residents receive domestic support and personal care within their homes. Some retirement villages include a care home, and the village may also include leisure and hobby facilities such as a restaurant, a shop, a gym, a hairdressers or a GP surgery.

Q19. Before today, were you aware of retirement villages?

- Yes, definitely
- Yes, probably
- No, not heard of it before
- Don't know

Q20. From your point of view, what would be the advantages of living in a retirement village? Please select up to five answers

- Feeling safe
- Care provided
- Accommodation designed to suit my needs
- Support available if I call for it
- Keeping some independence
- Sense of community
- Not a care home
- Comfort
- Activities to join in with
- Having company and making friends
- Being treated with respect
- Not a burden on my family or loved ones
- Will keep me active
- Wide range of community facilities
- Having the option to rent or buy
- Opportunity to stay within the village if my care needs change/grow
- Other (PLEASE SPECIFY)

- None of these no advantages
- Don't know

Q21. And what would be the disadvantages of living in a retirement village? Please select up to five answers.

- The cost of accommodation and care
- Leasehold or tenancy agreements that are hard to understand
- Losing independence and having less control over what I do
- Losing home comforts
- Possibility of experiencing abuse or neglect by staff
- Loneliness or isolation
- Losing contact with friends and family
- Uncaring environment
- Unfamiliar environment
- Poor quality
- Having to sell my current home
- Everyone around the same age
- Other (PLEASE SPECIFY)
- None of these no disadvantages
- Don't know

Q22. Would you consider living in a retirement village, if <u>in old age</u> you needed support with everyday activities and in order to stay safe and well?

- I would definitely consider
- I might consider
- I would be unlikely to consider
- I definitely would not consider
- I don't know/ it depends

OPEN ENDED FOLLOW-ON FOR THOSE WHO SAID THEY WOULD DEFINITELY NOT LIVE IN ONE OR MORE SETTING

You said that you definitely would not consider living in the following care settings:

• [bullet point list of settings respondents has rejected]

We would now like to ask you one question about one of these forms/this form of care.

Q23. Why do you say that you definitely would not consider living in [CARE SETTING] if you were to need support with everyday activities and in order to stay safe and well? Please provide as much detail as you can.

Q24. Do you know a family member or a friend who lives or has lived in any of these types of housing? Please select all that apply.

- A care home
- Extra Care
- Shared Lives
- Supported Living
- A retirement village
- No, none of these
- Don't know

Q25. Before today, have you given any thought to your own future housing and care needs should you need more support to help you with everyday activities?

Yes – a lot of thought Yes – some thought No

Q26a. Thinking more generally, has the COVID-19 pandemic changed how you feel about the type of housing you might need as you get older or have greater need for care and support?

- Yes definitely GO TO Q26b
- Yes to some extent
- No, no impact
- Prefer not to say

Q26b. You said that the COVID-19 pandemic had definitely changed how you feel about the type of housing you might need as you get older. In the box below please tell us how the pandemic has changed your views.

Q32. Do you personally currently do <u>paid</u> work as a carer? Please select all that apply.

- Yes in care/nursing home
- Yes providing care to someone in your own home
- Yes providing care to someone at their home
- Yes providing care to someone in another setting
- No, none of these

Q33. Is there anything else you would like to add about the subjects covered in this questionnaire?

Demographics available via YouGov

Sex

Age

Working status

Social grade

Ethnicity

Region

Are your day-to-day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months?

- Yes, limited a lot
- Yes, limited a little
- No
- Prefer not to say

Religious group

Please contact <u>info@scie.org.uk</u> for the full technical questionnaire