

Improving mental health and emotional wellbeing support for children and young people in care

Expert Group Meeting
Thursday 13th July 2017 10.30 – 15.00
SCIE, First Floor, Kinnaird House, 1 Pall Mall East, London SW1Y 5BP

Minutes of the meeting

Attendees	
Name	Role and Organisation
Peter Fonagy	Co-Chair
Christine Lenehan	Co-Chair
Jan Slater	Director of Service Delivery, PAC-UK
Kevin Williams	Chief Executive - Fostering Network
Steve Miley	Director of Family Services - Hammersmith and Fulham Council
Gillian Ford	Senior Adviser, Children's Social Care - Local Government Association
Cathy James	Multisystemic Therapy Programme Lead - South London and Maudsley NHS Foundation Trust
Polly Ashmore	Project Manager, Children and Young People's Mental Health team – NHS England
Sue Sylvester	Adviser, Children and Young People's Mental Health Improvement Team – NHS England
David Graham	National Director – Care Leavers Association
Linda Briheim-Crookall	Senior Policy and Practice Development Manager – Coram Voice
Linda Wright	Deputy Manager, Education and Professional Services - Nottinghamshire County Council
Oliver Sindall	Specialist Clinical Psychologist & BPS Committee Member – British Psychological Society
Eamon McCrory	Professor of Developmental Neuroscience and Psychopathy – University College London
Matt Woolgar	Consultant Clinical Psychologist - South London and Maudsley NHS Foundation Trust
Jonathan Green	Professor of Child and Adolescent Psychiatry - University of Manchester
Doug Simkiss	Honorary Associate Clinical Professor in Child Health - Warwick University Medical School

Billy Smallwood	Head of Clinical Services - Outcomes First Group and representative of The Independent Children's Home Association
Phillip McGill	Team Manager and Psychotherapist in Fostering, Adoption and Kinship Care Team - Tavistock and Portman NHS Trust
Glynis Marsh	Workforce Development Manager – Isle of Wight Council
Gwyneth Nightingale	Designated Nurse, Children in Care – New Devon Clinical Commissioning Group
Sheila Redfern	Head of Service – Anna Freud
Chloe Juliette	Expert by experience
Matt Langsford	Expert by experience
Filmon Russom	Expert by experience
Jack Smith	Expert by experience
Saffron Cuts	Expert by experience
Andrew Baxter	Department for Education
Akosua Wireko	Department for Education
Nicola Doyle	Department for Education
Lucy Milich	Project Development Manager – SCIE (project manager)
Stephen Goulder	Director of Operations – SCIE
Beth Anderson	Head of Research and Information - SCIE
Florence Lindsay-Walters	Research Analyst - SCIE
Susanne Gibson	Research Analyst - SCIE
Michaela Gray	Project Support Coordinator – SCIE (minutes)
Melissa Leen	Project Support Coordinator - SCIE

Apologies

Name	Organisation
Tony Clifford	Virtual School Head Teacher – Stoke-on-Trent Council
Renu Jainer	Consultant Community Paediatrician - Heart of England NHS Trust (representing RCPCH)
Sally Donovan	Adoptive parent
Ellie Isaacs	Department of Health
Helen White	Department for Education
Angela Hawley	Department of Health

1)	Welcome and Expert Working Group update	<p>CL welcomed the members to the meeting and confirmed changes made to the agenda. CL noted that the process does not end until October even though this is the last meeting. CL asked the group to think about the next stage.</p> <p>AW gave a short update on the pilots</p>
2)	Project objectives and outcomes: Bringing together the model, pathways, recommendations and final report.	<p>SG/LM gave a presentation on the project objectives and outcomes.</p>
3)	Plenary discussion of the presentation	<p>The model has room for improvement- specifically needs more detail on what kind of assessments and how to get from there to getting help. CL acknowledged the issues raised and said they will be actioned.</p> <p>Concerns were raised that organisations do not always operate together. The current reality is not acceptable and we must include the reasons why to strengthen our case for change. Group agreed this should be highlighted strongly in the final report to support the updated model.</p> <p>Further concerns were raised around the cultural shift which is needed. This must be included in our recommendations. We must include wider factors but also look at what the evidence is saying.</p> <p>The group was reminded to ensure that we use appropriate language for different age groups. The need for continuity of relationships with friends and family was also discussed, along with how needs are identified and by whom.</p> <p>It was felt that the model misses a route for children who have specific complex needs, and also misses training on emotional/mental health for LAC staff. We must think about what the lever for change is.</p> <p>The group agreed that the problem with the network is it diffuses responsibility. PF asked the group to focus on the following:</p> <ul style="list-style-type: none"> • Process. Have we found a way to translate ideas into recommendations/the model? Please share your knowledge with the group.

		<ul style="list-style-type: none"> • Dual aims of group: <ul style="list-style-type: none"> ○ Causes and risk factors of mental disorders ○ What do we do about them as they arrive? <p>PF asked the group to keep these questions separate in their minds.</p> <ul style="list-style-type: none"> • Hopes/aspirations. These must be put into recommendations in a structured and organised way. There must be a consensus. Self-interest is understandable, but we need to think about what we need to give emphasis to and how much is shared by the group.
4.	Small group discussion of the model and pathways using scenarios and case studies	This item was not minuted.
5.	Digital dissemination of project	<p>DA gave a presentation on the digital dissemination of the project.</p> <p>DA confirmed that the website would be supported once live.</p>
6.	Small group discussion on the final recommendations	This item was not minuted.
7.	Engagement programme and process for developing the final report and recommendations.	<p>Common themes across the groups were noted.</p> <p>PF stated that the document would be drafted and:</p> <ul style="list-style-type: none"> • Everyone needs to see the first draft • Everyone needs to have input into the draft • Asked that everyone check that their input is being listened to <p>PF proposed a deadline for responses of Wednesday next week for additional input into the first draft, today's meeting papers and anything heard today. If specific input has not been included, there will be a rationale as to why. PF asked for comments to be sent to LM, and those comments would then be shared with the group.</p> <p>CL asked the group to consider if it is making recommendations for the present or future.</p> <p>It was asked that if the structural problem is between social care and health, then what is the audience or strategy to help bridge that? PF stated that this would be something to look at in the recommendations and that</p>

		a detailed conversation is needed over the next few weeks and months with the right people so the sector wants to take it on.
8.	Closing comments and AOB	PF stated that there would be many communications over the next week and together we would reach the finishing line.