

# Solihull, Sandwell and Birmingham MCA Project Team – Palliative Care Patient Education Sessions

Martin Watson

[Martin.watson3@nhs.net](mailto:Martin.watson3@nhs.net)

## Project method

The Project Team worked in partnership with the Day Hospice Sister to create a Patient Education session about advance care planning – the hospice facilitates a 12 week program using a therapeutic model, looks at education, body image and relationships as well as advance care planning.

An interactive and sensitive session was created that gives patients important information about their rights and about different aspects of advance care planning. Included was specific information about Advance Decisions to Refuse Treatment and Lasting Powers of Attorney, as well as the practicalities of those inc. fees etc. We also included other Person Centred Planning tools and how these differ from LPAs and ADRTs.

## Project results/evaluation

The Patient Education sessions were very meaningful and successful, this provoked very thoughtful discussions about people's particular wishes in relation to their care and treatment at the end of their life. The Project Team was able to use an approach and resources developed and refined through the public and patient engagement strand of our work.

## Project area classification

|                       |   |                               |   |
|-----------------------|---|-------------------------------|---|
| Hospital care         | x | Dementia                      |   |
| GP care               |   | Learning disability           |   |
| Social care           |   | Other mental health           |   |
| Voluntary sector      |   | Palliative care               | x |
| Financial services    |   | Advance planning, LPAs        | x |
| Police                |   | Commissioning                 |   |
| Legal                 |   | Training                      |   |
| Community health care |   | For professionals?            |   |
| Nursing and care home |   | For public and service users? | x |
| Acute care            |   |                               |   |