

Preferred Priorities for Care

Patient Information Leaflet

What is preferred priorities for care (PPC)?

The PPC is a written statement where you put down what your wishes and preferences are for the last few months or year of your life. It can be used to help those involved in your care understand what is important to you. The PPC is sometimes also known as an 'Advanced Care Plan'.

Filling in a preferred priorities for care (PPC) form

There is no right or wrong way to complete a PPC, but it should reflect anything that you are worried about or that is important to you. For example, if you have a preference to be cared for at home at the end of your life.

It will not always be possible to meet all your priorities but your written PPC will always be taken into account when planning your care.

You may have decided to make a health and welfare lasting power of attorney, appointing a person to make decisions about your treatment and care when you lose capacity to make decisions for yourself. If you have registered a lasting power of attorney please include their details.

Do you have a lasting power of attorney?

YES

NO

Details:

Is there anyone that you would like to be consulted about your care in the event that you lose capacity to make a decision about your healthcare?

Please give details:

Name:

Address:

Contact number:

Relationship to you:

Name:

Address:

Contact number:

Relationship to you:

Name:

Address:

Contact number:

Relationship to you:

Please tell us about your recent health issues.

Please use an additional sheet of paper if necessary.

What are your preferences and priorities for your recent care in light of these health issues?

When Iris was diagnosed with Alzheimer's and Depression at 70, she wanted her doctors to know her choices for her healthcare in the future. She spoke to her GP and wrote down her preferred treatment options. When her condition worsened, her doctors were able to take her wishes into consideration.

Why write a PPC document?

Talking about what you want to happen during the last stages of life can be difficult. Writing the PPC with your doctor, nurse, carers, family and friends can help you plan ahead.

The PPC document is not legally binding, but under the Mental Capacity Act 2005, your wishes should be taken into account when you lose capacity to make decisions about your own care.

If you want to make an **advance decision refusing treatment** for your health condition please request an appointment with your GP to discuss an 'advance decision'.

Talking to your GP about preferred priorities for care

After filling in your preferred priorities for care form please make an appointment with your GP. Your GP will keep a copy for the practice records and will also send a copy to anyone else involved in your healthcare.

Where would you prefer to be cared for in the future?

Please give any other information that you feel would be helpful.

Name of GP:

Name of practice:

NHS number:

Name of patient:

Address of patient:

Telephone number:

Emergency contact number:

Name (printed)

Signature:

Date:

The document can be changed at any time.