

NICE – Pressure ulcer prevention and management in care homes for adults

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Overview

- Key recommendations from the guideline on pressure ulcer prevention
- An overview of the quality standard
- How providers can implement the standard in practice

NICE guidance

- [Pressure ulcers: prevention and management](#) Clinical guideline [CG179]
Published date: April 2014
- [Pressure ulcers](#) Quality standard [QS89]
Published date: June 2015
- [Helping to prevent pressure ulcers](#): A quick guide for registered managers of care homes

Health and social care act 2008

- Set out regulations for providers to meet
- CQC inspection to ensure providers are meeting regulated activities
- Some regulations include fundamental standards; the standards below which care must never fall
- Guidance on meeting the regulated activities is provided on the CQC website.

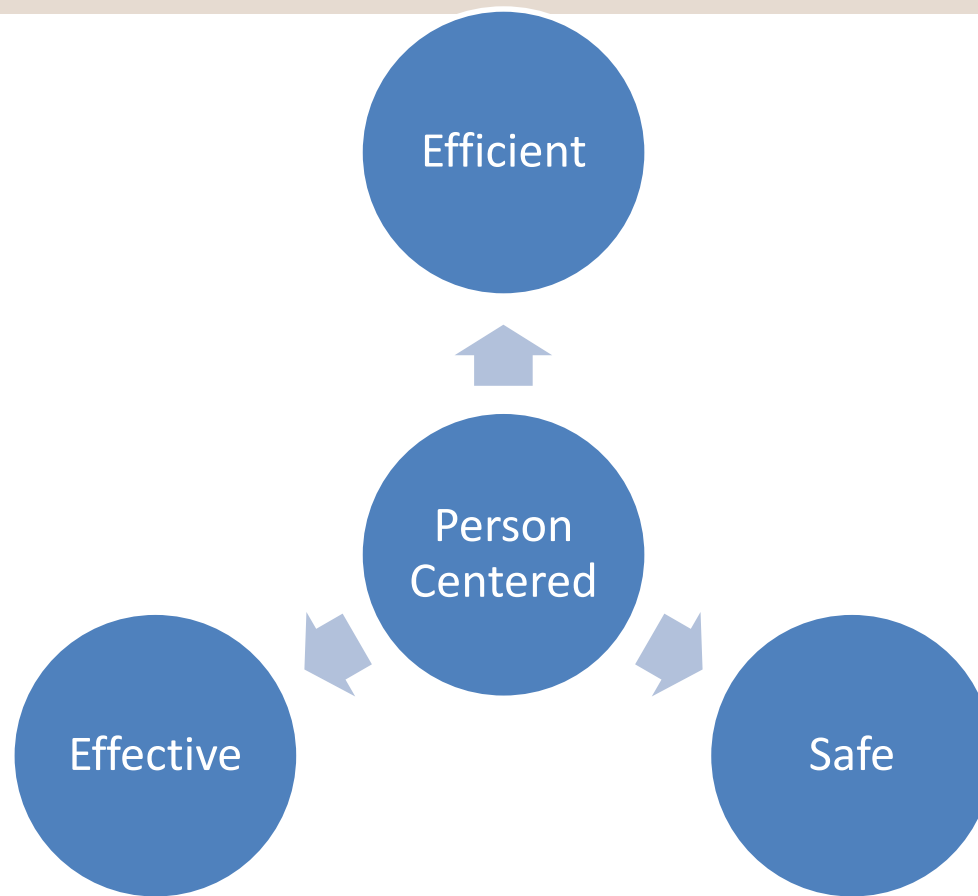
Preventing pressure ulcers

- 1,300 new ulcers reported each month (NHS Thermometer data)
- Pressure ulcers are estimated to cost the NHS more than £1.4 million every day

NHS Outcomes Framework 2014/15

- Reduce avoidable harm- Proportion of patients with category 2, 3 and 4 pressure ulcers

Preventing pressure ulcers



Key priorities for implementation

- Risk assessment
- Skin assessment
- Care planning
- Repositioning
- Devices for prevention of pressure ulcers
- Healthcare professional training and education
- Management of heel pressure ulcers

Pressure ulcers (QS89)

Quality statement 1

People admitted to hospital or a care home with nursing have a pressure ulcer risk assessment within 6 hours of admission.

Quality statement 2

People with a risk factor for developing pressure ulcers who are referred to community nursing services have a pressure ulcer risk assessment at the first face-to-face visit.

Pressure ulcers (QS89)

Quality statement 3

People have their risk of developing pressure ulcers reassessed after a surgical or interventional procedure, or after a change in their care environment following a transfer.

Quality statement 4

People have a skin assessment if they are identified as high risk of developing pressure ulcers.

Pressure ulcers (QS89)

Quality statement 5

People at risk of developing pressure ulcers receive advice on the benefits and frequency of repositioning.

Quality statement 6

People at risk of developing pressure ulcers, who are unable to reposition themselves, are helped to change their position.

Pressure ulcers (QS89)

Quality statement 7

People at high risk of developing pressure ulcers, and their carers, receive information on how to prevent them.

Quality statement 8

People at high risk of developing pressure ulcers are provided with pressure redistribution devices.

Care planning

Make a written care plan for anyone assessed as being at high risk of developing a pressure ulcer and review it regularly. The plan should focus on the actions needed to help prevent a pressure ulcer from developing, taking into account:

- The results of the risk and skin assessment.
- The need for any extra pressure relief, for example a high-specification foam mattress or cushion.
- The person's mobility and ability to change position unaided.
- Any other conditions.
- The person's own views and wishes, including whether they are able to understand the risks and make an informed decision. If not, use of the Mental Capacity Act may be necessary.

Pressure ulcers: prevention and management

Clinical guideline [CG179] Published date: April 2014 [Uptake of this guidance](#)

Guidance

Tools and resources

Information for the public

Evidence

History

[Share](#)

Tools and resources

Tools to help you put the guidance into practice.

Clinical audit

[Clinical audit tool - pressure ulcers prevention in adults](#)

05 August 2014 Excel 262 KB

[Clinical audit tool - pressure ulcers prevention in neonates, infants, children and young people](#)

05 August 2014 Excel 243 KB

Guidance into practice

[About the Into practice guide](#)

[Practical steps to improving the quality of care and services using NICE guidance](#)

Baseline assessment

[Baseline assessment tool](#)

23 April 2014 Excel

Tailored service improvement support

[Algorithm for risk assessment, prevention and management in children](#)

23 April 2014 PDF 225.23 KB

[Algorithm for risk assessment, prevention and management in adults](#)

23 April 2014 PDF 222.85 KB

Costing statement

[Costing statement](#)

23 April 2014 PDF 182.33 KB

Do not do

[Do not do information](#)

Research recommendations

[Research recommendations information](#)

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Pressure ulcers resources

STOP THE PRESSURE.

Helping to prevent pressure ulcers



[Home](#) [Case Studies](#) [Patients](#) [Professionals](#) [Research](#) [Resources](#) [Contact Us](#)

<http://nhs.stopthepressure.co.uk/care-homes.html>

Care Homes

[Home](#) / [Professionals](#) / [Care Homes](#)

Welcome

This care home section of the website has been developed to:

- promote staff awareness within care homes and nursing homes of the importance of preventing pressure ulcers
- raise staff awareness around identifying changes in an individual which may increase their risk of developing pressure damage
- highlight resources and tools that are available to support training and education programmes
- share **Love Great Skin** resources – the result of the Midlands and East joint initiative with Wounds UK
- identify good practice and disseminate resources used by other care homes

Please find links to resources that are available to download for your individual areas.

Pressure ulcers resources



<https://www.nice.org.uk/about/nice-communities/social-care/quick-guides/helping-to-prevent-pressure-ulcers>

Pressure ulcers resources

Pressure ulcers: safeguarding adults protocol

This document helps practitioners and managers across health and care organisations to provide caring and quick responses to people at risk of developing pressure ulcers.

It also offers a process for the clinical management of harm removal and reduction where ulcers occur, considering if an adult safeguarding response is necessary.

<https://www.gov.uk/government/publications/pressure-ulcers-safeguarding-adults-protocol>

NICE resources

Sign up for the free monthly NICE in social care ebulletin

<http://www.nice.org.uk/social-care-newsletter>

Access our range of quick guides

<https://www.nice.org.uk/about/nice-communities/social-care/quick-guides>