

## Learning for Living

Online learning for carers



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## What is Learning for Living?



### Qualification

*Certificate in Personal Development for Unpaid Carers*

### Online Learning Resource

*Learning for Living*

<http://www.learning-for-living.co.uk>

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## Learner audience



### Carers:

Looking after a family member, partner or friend in need of help because they are ill, frail or have a disability.

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## Benefits



- Social inclusion
- Personal development
- Employment skills
- Recognition of existing skills and experience
- Planning for the future (education, work)

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## Units & Topics



- **Moving forward:** learning skills, communications, assertiveness, planning for the future
- **Taking care:** life's ups and downs, the caring role, keeping healthy, enjoying life
- **Living with others:** understanding relationships, living with loss, why we do things, welcoming differences.
- **Managing as a carer:** managing money, how services work, safety, what next?

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## The Carers (Equal Opportunities) Act 2004



- **Carers assessments** now include education, training, leisure and work needs.
- **Co-operation between** local authorities and education bodies.
- **Carers needs to be considered** as part of other strategies, eg: welfare to work and life-long-learning.
- **Carers development officer/carers lead** appointed to look after the Carers Strategy
- **The Social Care Institute for Excellence, (SCIE)**  
Practice Guide [www.scie.org.uk/](http://www.scie.org.uk/)

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## Partnership Working



[Partnership Video](#)

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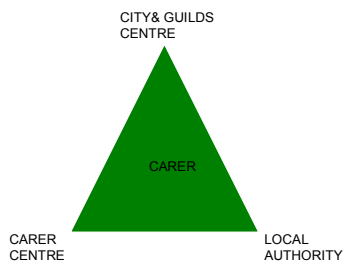
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## Partnership



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## Further Details



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[www.learning-for-living.co.uk](http://www.learning-for-living.co.uk)

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