Sustainable Lives

Time Together Gorseinon.

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Sustainable Lives

Locality Building – one experiment in design

One element of Swansea Transformation process.

- An experiment in developing sustainable **Citizen Directed Support** across a whole community.

- **Time Together – Gorseinon**
  - More choice and control for individuals.
  - Growing community of mutually supporting relationships.
  - Collaborative alliance between providers, commissioners, and community groups.
  - Structures that support minimum use of resources, and positive environmental action.

- **It will be launched by September 2010.**

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Time Together Network

- Member based network of citizens who both need and can offer support to each other in living successful lives in their community.

- Citizens are invited to join and take part in the network on the basis that everyone has a contribution to make which is valuable to the people around them.

Time Together Network

- They map their needs as well as the things that they offer to each other,

- They are rewarded for their participation with Time Credits which they can use to get access to events and facilities made available by the Time Together Alliance.

- The first members are citizens who are already actively involved in services, but the intention is to attract wider citizen membership.

Time Together Alliance

- The **Alliance** will be a growing group of provider, commissioning and community organisations with an interest in the wellbeing and support of all Citizens of Gorseinon.

- They are brought together by a common interest to make best collaborative use of their resources in supporting the Citizens that they serve.

Time Together Alliance

- They are using new technology and sharing best practice.

- Mapping their shared assets, and finding more efficient collaborative ways of using them.

- Promoting network membership with the people that they serve.

- Working together with citizens and members of the **Social Work teams** in creating more joined up, innovative and sustainable approaches to social care and community living in the Gorseinon area.
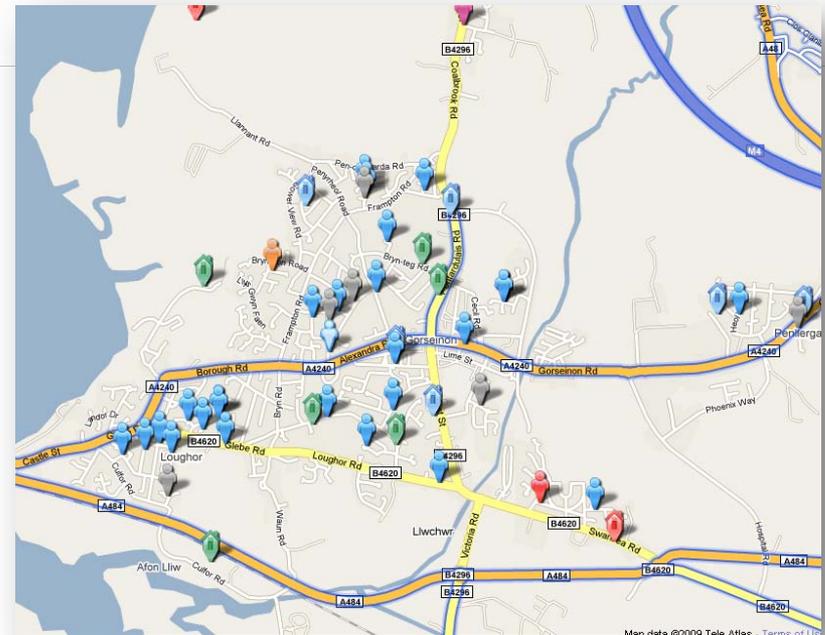
Working with Social Workers and Care Managers

- In Swansea we are looking at more person centred processes for Assessment and Care Management.

- We think that there is an **'I cycle'** of personal planning and a **'We cycle'** of community development.

- These cycles work together so that people can meet their needs but also offer their assets in service of the community.
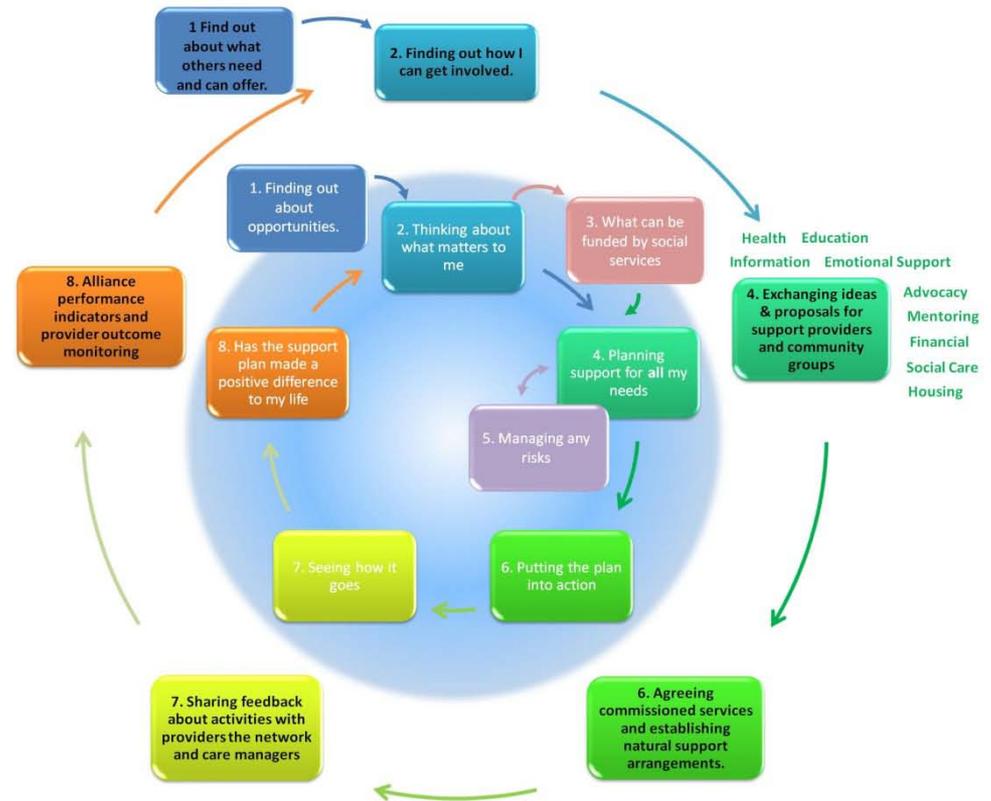
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Better communication

- Open communication will be very important; we will use **Swansea People** as part of this experiment.

- This enables citizens and professionals to communicate together as individuals or groups, they can communicate through video, pictures or sound as well as the written word.

- This tool has mapping, chat, and time-banking functionality being built into to it; it has also been built with the protection of vulnerable adults as a central consideration.
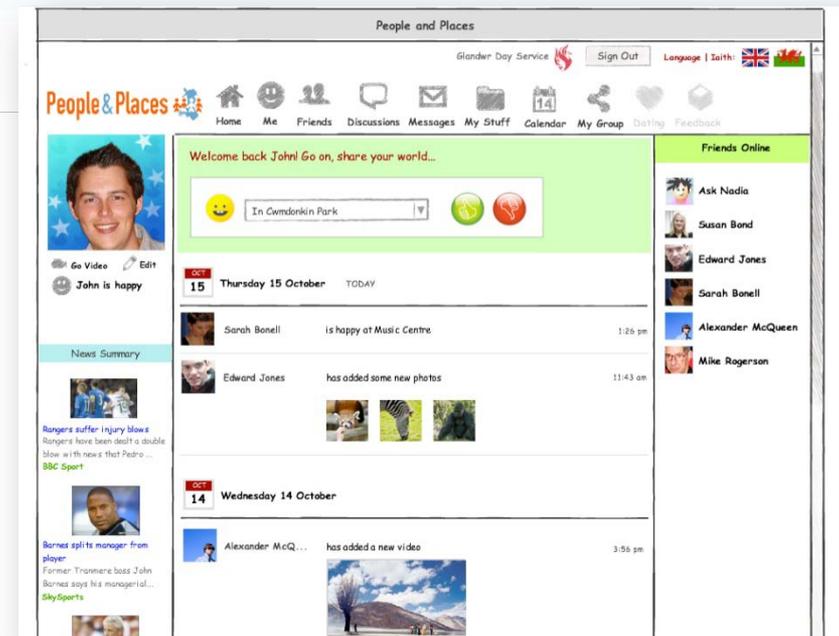
What has this to do with climate change?

- We are building a more resilient community in which people know each other and are used to relying on one another.

- Providers can work collaboratively to reduce emissions and waste.

- It is interesting that once people start taking control of their own community this extends to the environment and things like shared local food.

- We will be able to work at a whole community level looking at resource and waste flows.

Measures of success

- It will be possible to evaluate the Time Together with a range of measures including:

- **Citizen Approval** – as gathered by satisfaction evaluation.

- **Citizen engagement** – as recorded through growing levels of citizen time committed and exchanged for time credits.

- **Agency engagement** – as recorded in the growing commitment or providers and community groups in the work of the project.

- **Asset survey** – this will be recorded through an asset survey of community venues, groups, events, and activities.

- **Shared Resource Spend** – this will look at a comparison of overall resource spend through commissioned services over the life of the project.

Measures of success

- **Individual Outcomes** – this will review the degree to which the Adult Services Individual Outcomes are met for citizens with social care needs in the Gorseinon area.

- **Model transferability** – to what degree is the approach useful in other communities or particular to Gorseinon.

- **One Planet Principles** – We are keen to apply some collective commissioning principles to this project, the key ones concern One Planet Living. These will focus on the sustainability of the services and supports created in the community. This is important for the obvious environmental advantages but because this will also encourage collaborative 'no waste' thinking.

Is this changing the way we commission and deliver services in Swansea?

YES

- Focus is shifting to deliver outcomes not just outputs

- Social Capital is seen as a resource to support low level needs

- Commitment to work across client groups and across organisations.

- A gradual shift in the views of professionals (or a re-energising of social work practice?)

- Building on existing collaborative working e.g. Provider Forums.

- Recognition that we need to know not just <u>what</u> is out there but <u>who</u> we can work with

- Local Area Co-ordination is being developed to help us have a more systematic way of engaging and supporting community groups etc.

Is this changing the way we commission and deliver services in Swansea?

YES

- Services are developing models that are less dependent – let's just try it….

- Community groups have been supported and in turn are providing support to users e.g. Women's African Centre

- NEAT – users and the Council working in local neighbourhoods to clean up the environment.

- Services are developing community pods or hubs so users can be supported near their homes rather than attend a day service

- Travelling is reduced and independence increased.

Is it changing the way we commission and deliver services in Swansea?

Maybe

- Shifting of control but also responsibility back to users and their families will take time

- Shifting of control and concerns about risks from care managers and staff will take time.

- Service structures are still client group based so systems, practice and commitment varies

- Users expect high level of delivery from formal services – do they want to shift from 'waitress service to self service'?

Is it changing the way we commission and deliver services in Swansea?

Beliefs

- Citizens not individuals – people are not lone individuals but part of something bigger, mutually dependent, with a role and responsibility to work together for the good of society as a whole.

Finally

- As professionals we need to be more relaxed but equally more courageous.