<table>
<thead>
<tr>
<th>Dementia knowledge set</th>
<th>QCF Level 2 award in awareness of dementia</th>
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<tbody>
<tr>
<td>Core dementia knowledge – dementia support</td>
<td>Units: DEM 201,202,205,207</td>
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<td>Learning by: SCIE Open Dementia E-learning Programme</td>
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| Understand what dementia is. | • Explain what is meant by the term ‘dementia’
• Describe the key functions of the brain that are affected by dementia
• Explain why depression, delirium and age related memory impairment may be mistaken for dementia | 1.2
4.3 |
| Understand key features of the theoretical models of dementia. | • Outline the medical model of dementia
• Outline the social model of dementia
• Explain why dementia should be viewed as a disability | N/A |
| Know the most common types of dementia and their causes. | • List the common causes of dementia
• Describe the likely signs and symptoms of the most common causes of dementia
• Outline the risk factors for the most common causes of dementia
• Identify prevalence rates for different types of dementia | 3.1/3.2
1.3
3.5 |
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| Understand factors relating to an individual’s experience of dementia.          | • Describe how different individuals may experience living with dementia depending on age, type of dementia and level of ability and disability  
  • Outline the impact that the attitudes and behaviours of others may have on an individual with dementia | • 2.1/2.2                                                                                                   |
|                                                                                  |                                                                                                          | • 2.3/2.4/2.5                                                                                               |
| Understand approaches that enable individuals with dementia to experience well-being. | • Describe what is meant by a person centred approach  
  • Outline the benefits of working with an individual with dementia in a person centred manner | N/A                                                                                                         |
| Understand the role of carers in the care and support of individuals with dementia. | • Describe the role that carers can have in the care and support of individuals with dementia  
  • Explain the value of developing a professional working relationship with carers | • 2.4/2.5                                                                                                   |
| Understand the roles of others in the support of individuals with dementia.     | • Describe the roles of others in the care and support of individuals with dementia  
  • Explain when it is necessary to refer to others when supporting individuals with dementia  
  • Explain how to access the additional support of others when supporting individuals with dementia | N/A                                                                                                         |
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| Understand the factors that can influence communication and interaction with individuals who have dementia | • Explain how dementia may influence an individual’s ability to communicate and interact  
• Identify other factors that may influence an individual’s ability to communicate and interact  
• Outline how memory impairment may affect the ability of an individual with dementia to use verbal language | • 7.3  
• 7.1 |
| Understand how a person centred approach may be used to encourage positive communication with individuals with dementia | • Explain how to identify the communication strengths and abilities of an individual with dementia  
• Describe how to adapt the style of communication to meet the needs, strengths and abilities of an individual with dementia  
• Describe how information about an individual’s preferred methods of communication can be used to reinforce their identify and uniqueness | • 7.1 |
| Understand the factors which can affect interactions with individuals with dementia | • Explain how understanding an individual’s biography/history can facilitate positive interactions  
• List different techniques that can be used to facilitate positive interactions with an individual with dementia  
• Explain how involving others may enhance interaction with an individual with dementia | • 7.4/2.2  
• 7.2/7.3/7.4 |
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| Understand and appreciate the importance of diversity of individuals with dementia | • Explain the importance of recognising that individuals with dementia have unique needs and preferences  
  • Describe ways of helping carers and others to understand that an individual with dementia has unique needs and preferences  
  • Explain how values, beliefs and misunderstandings about dementia can affect attitudes towards individuals | • 5.1  
  • 2.2                                                                                                                                                                                                 |
| Understand the importance of person centred approaches in the care and support of individuals with dementia | • Describe how an individual may feel valued, included and able to engage in daily life  
  • Describe how individuals with dementia may feel excluded  
  • Explain the importance of including the individual in all aspects of their care | N/A                                                                                                                                                                                                 |
| Understand ways of working with a range of individuals who have dementia to ensure diverse needs are met | • Describe how the experience of an older individual with dementia may be different from the experience of a younger individual  
  • Describe what steps might be taken to gain knowledge and understanding of the needs and preferences of individuals with dementia from different ethnic origins  
  • Describe what knowledge and understanding would be required to work in a person centred way with an individual with a learning disability and dementia | •                                                                                                                                                                                                 |
Learning outcomes SCIE Modules

1. **What it is and what it isn’t**

By the end of this module you should be able to:

- Challenge some common myths and negative attitudes about dementia
- Describe what dementia is
- List common signs and symptoms of dementia
- Describe some of the complex difficulties people with dementia face and some causes of these difficulties

2. **Living with dementia**

By the end of this module you should be able to describe:

- Key aspects of the personal experiences of people with dementia
- The importance of recognising the individuality of people with dementia and their unique strengths, preferences and needs
- How a person’s life history impacts on how they interact with the world around them today
- The impact of dementia on family and friendship networks
- Key aspects of the personal experiences of carers of people with dementia

3. **What causes dementia**

By the end of this module you should be able to:

- Describe the causes of dementia
- List some of the more common diseases and disorders that cause dementia
- Describe some of the similarities and differences between different types of dementia
- Describe the key functions of, and results of damage to, the three most affected lobes of the brain
- Identify some factors that can increase and decrease the risk of dementia

4. **Diagnosis and who can help**

By the end of this module you should be able to:

- Identify reasons why an early diagnosis is important
- Describe the emotional impact of receiving a diagnosis of dementia
- Describe the process involved in diagnosing a dementia
- List some key dangers of labelling people
• Describe the multidisciplinary nature of a robust network of help and support for people with dementia and their families
• Describe a range of medical and non-medical treatments in dementia and know how to access more information on them.

5. Common difficulties and how to help

By the end of this module you will:
• Have a better understanding of the unique nature of every individual’s experience of dementia
• Be able to describe ways in which some of the most common symptoms of dementia can affect people’s everyday lives
• Appreciate how it can feel to be faced with the symptoms of dementia
• Be able to draw on a range of strategies to compensate for the difficulties caused by some common symptoms of dementia
• Be able to recognise and minimise causes of avoidable difficulties

6. The emotional impact of dementia

By the end of this module you will:
• Be able to describe some of the feelings commonly experienced by people with dementia and their relatives
• Recognise responses that can be helpful
• Recognise that understanding the perspective of a person with dementia is vital to avoid causing emotional distress
• Have a deeper understanding of why our communication must be sensitive to the feelings and needs of people with dementia.

7. Positive communication

By the end of this module you will:
• Recognise factors that can impact on successful communication
• Have learnt some new communication techniques that you can use to help people with dementia to express themselves and understand what we are saying
• Have a better understanding of how to respond when a person with dementia is expressing a different reality
• Understand how to avoid causing distressing situations by recognising and responding to clues about the needs of the person with dementia.