Why get involved?
• It will be FUN - there will be a chance to talk and do some art work in different activities.
• It’s a chance to let people know what YOU think!

Why YOU?
As we are writing a book about involving children and young people we thought it would be really important to ask young people what they think about getting involved in services - and we thought you would be the perfect people to ask because...

- You have experience of getting involved in Barnardo’s services
- You know about what makes a good and a bad service
- You come from all over the UK - England, Wales and Northern Ireland

What do we want to know?
2 Barnardo’s researchers (Polly and Helen) will be coming along to your FRAME meeting next Saturday (30th October) and we would be really grateful if you would spend a bit of time telling us about what YOU think. We would like to ask you about:

- What makes you feel like you can get involved in the services that you use?
- What do adults need to do to help young people get involved in services?
- What skills do young people need to be able to get involved in services?
- How should young people be able to improve the services that they use?
- What do young people get out of getting involved in services?
- What do services get out of involving young people?

Where will all the information go?
We will write down all the things that you tell us and use the information in the book that we write, but we will not use your names - the information will be ANONYMOUS. Once we have written the book we will let you know what we have said and you will be able to see a copy of the book with your quotes in it.