

# Appendix E: Example report for a care provider setting out a person's needs and wishes

## Appendix to IMCA report

### A summary of James McCarthy's needs and wishes

(Known to everyone as Jimmy)

Mr McCarthy was supported and represented by an Independent Mental Capacity Advocate (IMCA) for the decision to move to Ashcroft House. During their work with Mr McCarthy the IMCA found out the following which will be useful to those providing care and support.

#### History

Mr McCarthy was born in 1936. At the age of about 8 he was diagnosed as having learning disabilities. He only attended school until he was 12.

He lived with his mother until she died in 2002. His father, Joe, died when he was just 5. His home address was Flat 32, Haven House, Shirley Garden, Barking.

His mother had always resisted the idea of her son living in a home. They had a very good relationship and spent most of their time together. Mr McCarthy still thinks and talks a lot about his mother who he calls 'Mammy'. Her name was Mary McCarthy. His mother was buried in the same grave as his father at City Cemetery. He has visited the grave with the support of staff most years on the anniversary of her death (10 March 2002).

In 2002 Mr McCarthy moved to a local group home for people with learning disabilities (73 Station Road, Barking, tel. 02087 521426). He knew people who lived there from the day centre and was said to have coped reasonably well with the change. Highlights of his time there were two holidays to Spain and a trip to Ireland where he saw his cousin Hugh McCarthy.

Mr McCarthy moved from 73 Station Road to Ashcroft House because he was finding it very difficult to manage the stairs to get to his bedroom and the bathroom.

#### Relationships

The only family contact Mr McCarthy has is with his cousin (son of his father's brother), Hugh McCarthy. They spent time together as children in the East End of London. Hugh is about 75 and is unable to travel to England. Hugh's contact details are 24 Sea View, Malahide, Dublin, Tel 00 353 1845 1965, email hugh.mccarthy@telecom.ir.

Hugh sends cards at Christmas and on Mr McCarthy's birthday. He will ring about every two months. Hugh has been told about the move to Ashcroft House and has the contact details.

Mr McCarthy knows a large number of people with learning disabilities living in the area, and staff from his time at the local day centre (Bush House, tel. 02085 602546). Mr McCarthy

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went to this centre for over 25 years. Particular friends are Michael Douglas, Amir Khan and Ann Johnson, who all have learning disabilities and will need support to stay in touch. Mr McCarthy stopped attending this service in 2007. One staff member from this service keeps in touch with him. This is Susan Crisp, tel. 02086 530245.

At Station Road Mr McCarthy had very good relationships with two other people living in this service, Harry Field (they went to the same school) and Brian Chambers. It would be good if these relationships could be supported to continue.

Mr McCarthy has also attended a local Mencap club for many years. He knows the people who go there including the staff and volunteers. This takes place every Tuesday evening between 7 and 9 pm at the Scout Hall, 3 Roman Road, Barking. Mr McCarthy had a job there helping with the tuck shop. It is very important for him to continue to attend this club. For more information, ring Joan Peters, 02083 56456.

### **Interests**

Some of Mr McCarthy's interests are given below.

- As noted above, being a member of the local Mencap club is very important for Mr McCarthy. He will need to be supported to get to the club.
- Mr McCarthy has a collection of CDs and DVDs. He particularly likes Chas and Dave, and Laurel and Hardy films.
- A favourite television programme is *Coronation Street*, which he likes to watch if he is not going out. He used to watch it with his mother.
- For many years Mr McCarthy attended Barking United Reform Church with his mother every Sunday. He is well known to the congregation and Rev. Charles Clarke. While he was living at Station Road arrangements were made for Mr McCarthy to be taken to the church every Sunday morning by volunteers. The telephone number for the church is 02082 135648.
- Mr McCarthy is a lifetime Arsenal supporter and is keen to hear about how his team is getting on. He likes watching football matches on television.

### **Appearance**

Mr McCarthy has always dressed very smartly. He likes to wear a shirt and smart trousers with a belt. When going out he likes to wear a suit jacket and a winter coat if it is cold. He does not like wearing jeans, T-shirts, jogging trousers or trainers. At night he likes wearing pyjamas and a dressing gown.

### **Important personal belongings**

Mr McCarthy has a lot of family photos which are very important to him. It would be a good idea to work with Mr McCarthy to record who are the people in the pictures in case he forgets at some point in the future.

He has some things from the time he spent with his mother. Important ones are a windmill from a trip they had together to Holland and old briefcase which belonged to his father. He also has a model bull from his holiday in Spain and a model leprechaun from the time he visited his cousin Hugh.

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**Food**

When living with his mother there was a tradition of a Chinese takeaway every Friday night. At Station Road they continued this tradition for Mr McCarthy though they had different takeaways each week.

**Future IMCA involvement**

It is recommended that Mr McCarthy has the support of an IMCA for future care reviews. Please remind the reviewing officer of this when they are setting dates so they can arrange it.

It is likely that Mr McCarthy will need to be supported by an IMCA if a decision needs to be made as to whether he needs to move on from Ashcroft House.

Mr McCarthy must also have the support of an IMCA if serious medical decisions are being made which he is unable to make himself. This could include 'do not attempt resuscitation' (DNAR) decisions. Please advise the doctor of the possible need for an IMCA before the decision can be made.

To find out more about the IMCA service please contact Barking Advocacy.

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