



### Transcript:

#### Innovation – Living together

#### [Music Playing]

Lord Adebawale: Needs have changed, the demographic has changed; we are post the social settlement.

John Craig: We need to have the bravery and the intelligence to rethink from first principles how public services are delivered, and what we think they are trying to achieve.

Matthew Horne: If we just assume that innovation is too dangerous because it may not work, we have to accept that there are many things that we do, day-in day-out in social care, that do not work at the moment.

Sian Lockwood: There needs to be more of a culture of trust and hope for the way in which the world could look if we let people use their imagination.

Matthew Horne: Maintaining the status quo is no longer an option.

Narrator: In this programme we will meet two sets of people who have rethought what a household can be through the ideas of Shared Lives and Home Share.

Yvonne Barlett: Homeshare is quite a new concept for the UK, and people are gradually getting to know about it bit by bit.

Joy Cooper: What I would like for Shared Lives is that I say I work for a shared life scheme and everybody knows what that is.

#### Shared Lives

Narrator: For many adults still developing independent living skills traditional options have often been unsatisfactory.

Joy Cooper: The first time I met Joe he was a very nervous young man, he was nineteen living in an environment that wasn't providing for his needs. He just looked like he wasn't coping with life.

Nora: My children were growing up and leaving home and I ended up with too many empty rooms and too many creaky floorboards with no-one around. When we decided we wanted somebody in the house it was very, very difficult for us.

Lionel: We went to several different organisations to see if they needed space for people they had. One of the organisations we visited to offer rooms to said that we wouldn't want their people living in our house.

Nora: I rang Social Services on several different occasions; different phone numbers, and I got passed on to different departments, until eventually I found a lady that was very helpful and she put me in touch with Ategi.

Narrator: Ategi is the organisation to whom Buckinghamshire County council have contracted their Shared Lives scheme.

Joy Cooper: I took the carer, Nora, along to meet him and they got on well right at the beginning, and he told us everything about himself and what he hoped for the future.

Joszef: I had butterflies because I was so nervous meeting the new family.

Nora: And he was so gorgeous you just wanted to hug and hold him that you would make him safe. We were told Joszef was being put into nursing homes and respite care places, and that he was hopping about between different carers as well. And I wanted him to stay straight away but we had to go through the, let him go back and think about it, and come back a week later and stay for a night.

Joy Cooper: I spoke to the carers in the review afterwards; they said that he had left some of his photos and possessions, and he had told them that he really wanted to move in. So there was no real need for any persuasion at all.

Joszef: This is my room; the bed and TV behind you; games console, quite a lot of things in here. I felt I was in the right place, and now I am enjoying my life here. It's really nice ... crazy frog.

Joy Cooper: He has become a different person; he is being accepted as part of the community because he has the support and back up of the family.

Joszef: Any help?

Nora: Joe do you want to take out some plates?

Joszef: Nora how many do we need?

Nora: We need four please.

Joszef: I never used to be allowed in the kitchen, and I wasn't allowed to cook my own food, and now I am in this new house I am allowed to use the kitchen and help cook, and make my own drinks and get things if I get peckish.

Nora: Do you need a jacket or anything?

Joszef: No I am fine.

Nora: Okay we will probably see you later.

Joszef: Okay, see you.

Nora: Bye.

Lionel: Bye Joe, see you later.

Nora: The first time Joszef went to town on his own, and he said he wanted to wander around on his own, that was very nerve wracking. We had lots of friends strategically placed all over the streets watching him at every corner and reporting back to us.

Joy Cooper: A lot of our Shared Lives carers spend a lot of time supporting the person that lives with them to be more independent; to learn how to go out and travel, and go on buses, all sorts of independent living skills, but you don't have to live on your own in order to be able to do them. And in fact it's a lot nicer sometimes to have the consistent carer living with you that you can then turn to if things go a little bit wrong. His confident has just grown and grown, he is now working doing a voluntary job; something he has never been able to do.

Joszef: Every Saturday I work at the British Heart Foundation, doing different jobs.

*Can I interest you sir? (Joszef is fundraising on the street) Have a nice day. Can I interest you sir? Okay.*

Male Speaker1: How's it going Joe?

Joszef: Very well.

Male Speaker1: Many people interested?

Joszef: One.

Joy Cooper: The concept of Shared Lives, the idea of supporting people in your home is a very simple idea, lots of people have done this for years. But where we have had to be innovative is really, I suppose, promoting that idea as a scheme, as a concept to the general public that there is a role out there for them.

Nora: I love Joszef to bits, and I am hoping in the back of my mind that he will stay with me forever, but I know I am here to do a job and that's to make him strong and educate him in a way that he will be able to have some independence and be able to live with other people.

Joszef: Next year I am going to Amersham College to study ICT, catering and customer service.

Nora: I just said, should I get shoulder pads, knee pads, elbow pads, or whatever else, helmets and all.

Lionel: Bandages and plasters.

Nora: Because he will fall off, but he will pick himself up and after a while he will learn.

Male Speaker2: Yeah, you alright Joe.

Joszef: Yeah.

Nora: But he sometimes gets a bit kind of panicky. You okay?

Joszef: Yes I'm fine, don't worry.

### **Home Share**

Narrator: While some householders have support to offer, others have support they need.

Paul Worrallo: We moved in here in 1973, we had six children. I met my wife in Malta and we had a fairly odd courtship for various reasons, not least of all a serious thing breaking out and stopping me going to Malta to get engaged. And we thought we were going to spend the rest of our lives together or until one of us was taken, but it didn't quite work out that way.

Stella: *Hi, look what I did to my toe yesterday with the strimmer.*

*Yeah.*

Paul Worrallo: *Took a great chunk out of my toe.*

Stella is a very powerful woman, she ran the household from top to bottom, and monopolised me in many ways, I must admit. As she developed dementia I had to look after the whole house and her as well. I just frankly couldn't cope with it. She was moved to Abingdon Court at my request.

*You saw the children last weekend, do you remember that? Who came to see you, do you remember? Do you remember their names? Yeah?*

With Alzheimer's it's a constant tear at the heart strings. I pretend it doesn't matter and I pretend it doesn't hurt, but yes of course it hurts because the woman I married is no longer there.

I don't want to go into care, I would rather stay here. When you are seventy-eight and living alone with a diagnosed heart and kidney failure condition life can be pretty scary, even on a summer's night, if you have watched the wrong film before you go to bed believe me. And then of course on top of that you've got the odd noises that happen through the night, is somebody trying to break in?

Parm: *Hi Paul!*

Paul Worrallo: *Hi Parm, you are back early, it's still light.*

Parm: *I know.*

Paul Worrallo: Parm moved in some three weeks ago, and it's like a millstone has been lifted from round my neck, just having her there.

Parm Dhanda: I am originally from Slough, but I had been married for eighteen years, just divorcing now. I spoke to a few people at work; do you know anywhere to stay? And someone suggested the Home Share.

Paul Worrallo: It's quite a big step to have someone sharing your space, sharing your knives and forks and spoons and things; not everybody would find it easy to deal with. But when Parm came along, right from the word go we seemed to more or less hit it off.

Parm: Well not like that, coming on the screen.

Yvonne Bartlett: There are a number of people in the community who don't quite fit into the current criteria around social care, but who need some support to remain within their own home. Home share is an exchange of accommodation for a number of hours, in our case it's ten hours a week that the householder receives from the Home Sharer. It can be support around shopping, or cooking, or gardening; it can be any type of support really other than personal care.

Paul Worrallo: She is so caring; she actually rings me up to see if I am alright, which is quite incredible.

Parm: When I get home the first thing I do is offer him a cup of tea, if he wants anything to eat; has he eaten, has he taken his tablets and little things.

Paul Worrallo: She loves to sit and chat, and I am quite good at talking, so there is a terrific repartee.

Parm: It's a bit steep down here isn't it? Oh do you remember the flooding that happened here?

Paul Worrallo: Yes.

Parm: He is like a father to me sometimes; he tells me stuff that, I might be forty but I am not completely knowledgeable about everything.

*AD 1824 that's really old.*

Paul Worrallo: *Yes I know, Abingdon was quite a town, it was a main junction on the canals.*

One of the great things is that we've both got a sense of humour.

Parm: Yeah.

Paul Worrallo: And very often a tragic situation can easily be turned on its head, and be an enjoyable situation.

Parm: Yeah, I think we do that quite a lot, we just turn things around and laugh at it really.

Paul Worrallo: I mean I laugh every time I see you get the vacuum cleaner out.

Parm: (Laughs)

Paul Worrallo: (Laughs)

Parm: That was my first.

Paul Worrallo: Well I haven't got round to laughing at the mop bucket yet, because it's too light and I might get it thrown at me.

Parm: Yes, yeah.

Narrator: The ideas behind Home Share and Shared Lives are simple and inexpensive. But as public awareness grows the impact of these approaches can be huge.

Matthew Horne: If we just use the same old assumptions, and the same old understandings of what the problem really is, we will end up with some very conventional solutions.

Sian Lockwood: Innovation is an approach which is standing back, looking at what you need to deliver within the resources there are to deliver them, and being imaginative.

John Craig: All social care professionals would acknowledge there are just some things we need to do better. And innovation is about helping us to take on those problems that we have yet to solve, and to try to help people through social care to lead better lives.

Narrator: In this film we have seen just a few examples of cost effective innovation. To share what you are doing visit the scie good practice framework online - [www.scie.org.uk/goodpractice](http://www.scie.org.uk/goodpractice).

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